

# God and Me: Prayer

## 上帝和我：禱告



**Praise and thank the Lord before presenting requests to Him.**

Psalm 95:2: Let's come into his presence with thanksgiving; let's make a joyful noise to him with songs of praise!

Psalm 100:4: Enter His gates with thanksgiving, and His courts with praise! Give thanks to Him; bless His name.

*在向主提出請求之前，先讚美並感謝祂。*

*詩篇95:2：我們要以感謝的心到祂面前，我們要向祂歡唱頌讚之歌！*

*詩篇100:4：當感謝進入祂的門，當讚美進入祂的院！感謝神，祝福祂的名。*



**Bring your every need to  
God in prayer.**

Don't worry about  
anything; instead, pray  
about everything. Tell God  
what you need. (Philippians  
4:6)

在禱告中，將你的一切需  
求告訴神。

腓立比書4:6：應當一無掛  
慮，只要凡事藉著禱告、  
祈求和感謝，將你們所要  
的告訴神。





## Pray in faith.

Matthew 21:22: And whatever things you ask in prayer, you will receive, if you have faith.

Mark 11:24: Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours.

*憑著信心禱告。*

*馬太福音21:22：只要有信心，你們在禱告中所求的一切都會得到。*

*馬可福音11:24：所以我告訴你們，凡你們禱告祈求的，無論是什麼，只要信是得著的，就必是你們的了。*

## Pray in Jesus' name.

John 14:14: If you ask me anything in My name, I will do it.

John 16:23: Truly, truly, I say to you, whatever you ask of the Father in my name, he will give it to you.



## 奉耶穌的名禱告。

約翰福音14:14：你們奉我的名，無論向我求什麼，我一定成全。

約翰福音16:23：我實實在在地告訴你們，你們奉我的名，無論向父求什麼，祂都會賜給你們。



## Pray according to His will.

1 John 5:14–15: And this is the confidence that we have toward him, that if we ask anything according to his will, he hears us. And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him.

*按照祂的旨意祈禱。*

*約翰一書5:14-15：我們若按著上帝的旨意祈求，祂必垂聽，這是我們對上帝的信心。我們既然知道上帝垂聽我們一切的祈求，就知道我們能得到所求的。*





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