





Character Values for Children

To be successful, you need to understand the vital difference between believing you will succeed, and believing you will succeed easily.

想要成功,你必需了解相 信自己會成功和相信自己 會輕易成功之間的重要差 別。



Believing that the road to success will be rocky leads to greater success because it forces you to take action. People who are confident that they will succeed, and equally confident that success won't come easily, put in more effort, plan how they'll deal with problems before they arise, and persist longer in the face of difficulty.

相信成功的道路坎坷不平, 會為你帶來更大的成功, 因為它會迫使你採取行動。 自信自己會成功的人也同 樣確信,成功不會輕易獲 得,它需要你付出更多努 力,為可能出現的問題事 先做好如何應付的計畫, 並且在遇到困難時堅持不 懈。



Cultivate your realistic optimism by combining a positive attitude with an honest assessment of the challenges that await you. Don't just visualize success—visualize the steps you will take in order to make success happen. —Heidi Grant Halvorson, "Be an Optimist Without Being a Fool"

以積極的態度對未來的挑戰做誠實的評估,以此 來建立你實際可行的樂觀主義。不要只是想像成 功,要想像為獲得成功、你必須採取的各個步驟。

——海蒂·格蘭特·霍爾沃森(Heidi Grant Halvorson),《做個不是傻瓜的樂觀主義者》



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