

Sermon on the Mount: Salt and Light

登山寶訓：鹽和光

Jesus told the people, “You are the salt of the earth. But what good is salt if it has lost its flavor? Can you make it salty again? It will be thrown out and trampled underfoot as worthless.

耶穌說，「你們是世上的鹽。如果鹽失去鹹味，怎能使它再變鹹呢？它將毫無用處，只有被丟在外面任人踐踏。」



“You are the light of the world—like a city on a hilltop that cannot be hidden. No one lights a lamp and then puts it under a basket. Instead, a lamp is placed on a stand, where it gives light to everyone in the house.”

「你們是世上的光，如同建在山上的城一樣無法隱藏。人點亮了燈，不會把它放在斗底下，而是放在燈臺上，好照亮全家。



“In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father.”

同樣，你們的光也應當照在人面前，好讓他們看見你們的好行為，便讚美你們天上的父。」

