

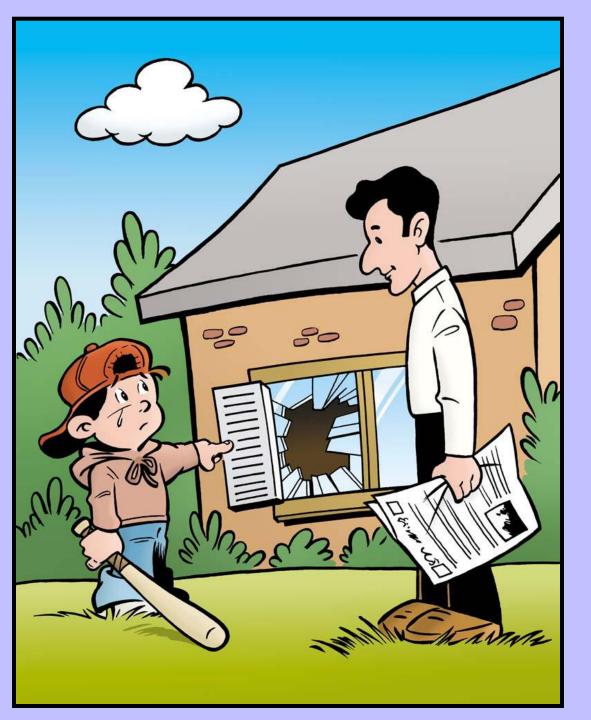


俗语有说:"君子信守 承诺"。如果一位人说 谎一次,那他或她也可 能会在其它的事情方面 说谎。同样的,如果你 证实某人诚实,那么你 便可以相信他们所说的 话是真实的。

There is an expression that "a man is as good as his word." If someone has lied about one thing, maybe he or she would lie about another. On the other hand, if a person has always been honest, you know you can trust them to tell you the truth.



诚实很重要,因为诚实是构筑良好人际关系的建材。 It's important to be honest, because openness and honesty are the building blocks that friendships are made of.



承认错误清除了你以前 的过错。道歉,绝不会 比满怀内疚地活着更困 难。

Admitting that you made a mistake helps you put the mistake in the past. It's not as difficult to apologize as it is to live with a guilty conscience.



我们必须诚实,甘愿承 认我们的错误和尽力去 矫正它们。

We must be honest and willing to confess our mistakes and attempt to rectify them.



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