

Sweet Dreams Tonight...

今宵安眠



My Savior, hear my prayer
Before I go to rest;
It is Your little child
Who comes now to be blest.

我睡以前向
我的救主祷告：
您的孩子，
求您保佑通宵。



Forgive me all my sin,
And let me sleep this night
In safety and in peace
Until the morning light.

请宽恕我所有的过错，
请让我今夜平安、
享有香甜的睡眠，
一直到明天清早。



Now I lay me down to sleep;
I pray Thee Lord, my soul to keep.
Thy Love guard me through the
night,
And wake me with the morning
bright!

现在我躺下睡觉，
我祷告，求上主守我的灵魂。
愿您的爱通宵保护我，
并呼唤我醒在光明的凌晨。



Guardian Angels around
my bed
Joining me in my prayers;
They hush the shadows
when they dance about
They shoo away the bears.

守护天使环绕我的床
和我一起为夜晚而祷告轻唱；
当他们轻盈地跳舞时，
黑夜的阴影便安静下来——
天使们为我赶走了虎狼。



Guardian Angels around
my bed
Standing by till I rise.
There's one with shining
wings who holds my hand
And shows me Paradise!

守护天使环绕我的床
站在那里，直到我起床。
其中一个戴闪闪发光的翅膀，
拉着我的手，领我去乐园观光。



When darkness covers the sky,
And stars twinkle up on high,
I love to listen to all the sounds,
That nighttime brings around.

夜幕降临，
高高的天空里闪烁着星星。
我爱听
晚上的所有声音。



I hear the crickets' song;
The frogs also sing along.
I can hear the breeze,
Rustling the grass and leaves.

我听到了蟋蟀唧唧的歌，
青蛙也随着唱和。
嘘，我听到了微风
沙沙地吹过了树叶和草丛。



Hush now, and listen well,
There's a nighttime tale
Told to all, near and far,
No matter where you are.

静下来，仔细听，
有一个床前的故事
告诉大家，无论是远是近，
也无论你在哪里。

