

**THE TREASURE ATTIC  
TEACHER'S GUIDE  
AND  
SONGBOOK**

# TABLE OF CONTENTS

	<u>Title</u>	<u>Page</u>
	What is Treasure Attic?	3
	How to Use the Treasure Attic Teachers' Guide	3
1	Let's Have Fun	4
2	A Smiling Face	6
3	Fun on the farm	9
4	Little Creatures	13
5	We Can Get Along	17
6	Be the Best	19
7	Our Beautiful World	21
8	Around the World	24
9	Happy and Healthy	28
10	Happy Holiday	31
11	Birthday Surprises	35
12	Fit to Win	38
13	Sweet Dreams	41
14	On the Lookout	45
15	Peepers and Penny	48
16	Barks and Sparks	52
17	Rain or Shine	55
18.	Learning is Fun	58

## ***Congratulations!***

Congratulations on your purchase of the Treasure Attic Series - a powerhouse of positive input for the children in your care! You are now the proud owner of a unique and beautiful children's video series that has been translated into 14 languages and is being distributed in over 80 countries worldwide! More than 500,000 Treasure Attic videos have been sold to date and the number continues to grow every day!

The fact that you possess the Treasure Attic series shows that you are concerned about the moral development of the children in your care. It has been said that "the world of tomorrow will be what the children of today grow up to make it," and the Treasure Attic video series will provide you with the tools to build a better and happier future!

Happy viewing!

## ***What is "Treasure Attic"?***

Treasure Attic is an exciting video series for children up to 10 years of age. Full of fun and adventure, this series teaches children universal moral principles and values through story and song. Each half hour episode of Treasure Attic features its fun and personable host, Uncle Jim, his loveable sheepdog, Peepers, the energetic, word-defining Bunny Big Bigword and many other friendly animal puppets!

Treasure Attic focuses on skills children need most:

- Social emotional and moral growth
- Good health habits
- Safety awareness
- Consideration, manners and getting along with others
- Problem solving and creative expression
- Vocabulary building and scholastic development
- Arts and crafts activities

## ***How to Use The Treasure Attic Songbook & Teachers' Guide***

The Treasure Attic Songbook and Teacher's Guide is designed to give you, the caregiver, tips and suggestions on how to maximize the use of the Treasure Attic Video series. Please feel free to adapt these ideas to best suit your particular situation.

It is highly recommended that you either preview each episode before showing it to the children or, at the least, watch it along with them. Once you and they have viewed the episode, carry out any or all of the activities suggested below.

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# 1. Let's Have Fun

**Themes covered:** The wonders of rain; good health habits; being alert and attentive while away from home; learning consideration; basic multiplication.

## Songs on this episode:

1. The Rain Song
2. Snowflake
3. The 3 Times table
4. I've Got a Cold

## THE RAIN SONG

Pa, pa ya, pa pa ya,  
Come on children

### Chorus:

Listen to the sound of the falling rain,  
Hear the pitter, patter on my windowpane.  
Welcome, little raindrops coming down,  
Watering the trees & the thirsty ground.

### Verse 1:

The rain makes everything so clean,  
It fills the rivers, lakes & streams,  
It gives the Earth the drink it needs  
To grow our food from tiny seeds.

### Verse 2:

If you live in a Northern clime,  
The rain will turn into snow sometimes;  
And in the South may be lots of rain,  
Or not a drop on a dusty plain.

### Verse 3:

We need the water to house the fishes,  
To wash the laundry & dirty dishes.  
We need water to drink & bathe in,  
And it's really lots of fun to swim in!

### Verse 4:

Yes, we'll be glad for a rainy day,  
Even if we have to stay inside & play.  
Thank God for water in so many ways,  
Because we use it every single day!

## SNOWFLAKE

### Verse 1:

There was a lamb called Snowflake,  
A white, wooly lamb was she,  
She loved to play on the steep hillside,  
Happy, wild & free.  
But she was kind of naughty,  
She liked to wander & stray.  
So the Good Shepherd talked to her,  
And this is what He had to say:

### Chorus 1:

"Hey, Snowflake, can you hear me call?  
Hey, Snowflake, I don't want you to fall.  
Stay closer, it's best to obey  
'Cause I'm the Shepherd & I know the way."

### Verse 2:

One day when it was sunny  
Snowflake wandered off on her own,  
She climbed all over the mountainside  
When it was time to go home.  
But she was so excited,  
She didn't see the sky turning gray,  
There was a thunderstorm moving in,  
But she'd forgotten what the Shepherd  
had to say:

### Chorus 2:

"Hey, Snowflake, can you hear me call?  
Hey, Snowflake, I don't want you to fall.  
Stay closer, it's best to obey;  
I love you & I know the way."

### Verse 3:

Back at home, the Good Shepherd

Was counting all the sheep in his fold,  
Then He noticed that one was gone—  
Snowflake was out on her own.  
So He went to find her  
In the middle of the stormy night,  
He called aloud to his little lamb  
And prayed that she would be all right.

Chorus 3:

“Hey, Snowflake, where could you be?  
Hey, Snowflake, can you hear me?  
I miss you, oh where did you roam?  
Oh Snowflake, oh please come home!”

Bridge:

Through the dark ran Snowflake,  
Then she tumbled down the steep hillside,  
She was trapped in the thorny brambles,  
Helpless & alone she cried.  
She was so sorry she had disobeyed,  
She felt lost & lonely & afraid.

Verse 4:

Then the Shepherd found her,  
And carried her back in His arms.  
Snowflake knew He had risked His life  
To rescue her from danger & harm.  
And do you know that Snowflake  
Changed from her wandering ways;  
She grew to be a real good sheep  
‘Cause she remembered what the  
Shepherd had to say:

**THREE TIMES TABLES**

Three times three is nine,  
Be loving, good & kind.

Three times four is twelve,  
Don’t just think about yourself!

Three times five is fifteen,  
It’s so good to keep clean.

Three times six is eighteen....  
We like to go out skating.

Three times seven is twenty one....  
After rain comes the sun! – Look, it  
stopped raining!

Three times eight is twenty four....  
Keeping counting sheep till there aren’t  
any more.

Three times nine is twenty seven,  
There are golden streets in Heaven.

Three times ten is thirty,  
Let’s not leave things dirty.

Three times eleven is thirty-three....  
I’ll help you & you help me!

Three times twelve is thirty-six....  
Mama hen loves her baby chicks!

**ACHOO, I’VE GOT A COLD!**

Ah-ah-ah-achoo!

Ah-ah-ah-achoo!

I’ve got a cold,

But I don’t want to sneeze on anybody.

I’ve got to sneeze,

So I’ll cover my mouth & nose—excuse  
me, (Achoo!)

Now I’ll wash my hands,

It’s not polite to sneeze on anybody.

I’ve got a cold,

But with extra rest I’ll soon be healthy.

I remember when I washed my hair,

Then I went outside in the evening air.

My Daddy said, “Your head is wet, don’t  
go!”

But I was busy, didn’t want to stop

And now I’ve got a sniffy nose & a cold!

Cough, cough, cough!  
Cough, cough, cough!  
I've got a cough,  
But I don't want to cough on anybody.  
I've got to cough,  
So I'll cover my mouth & nose—excuse  
me,  
Cough, cough!  
Now I'll wash my hands,  
It's not polite to cough on anybody.  
I've got a cough,  
But with extra rest I'll soon be healthy.

I remember, it was yesterday  
When my Mama said, "John, put your  
jacket on!"  
But I was busy, didn't want to stop,  
And now I've got a stuffy nose & a  
cough!

Achoo! Cough, cough!  
Achoo! Cough, cough!  
(Repeat "I remember when I washed my  
hair...")

(Repeat "I remember, it was yesterday...")

I've got a sniffy, sniffy, sniffy nose!  
I've got a stuffy, stuffy, stuffy nose!  
And know I really, really, really know  
That my Mama & Daddy  
Were only tryin' to help me (to help me)  
Stay healthy!  
Oh they were tryin'  
To help me not get a cold!  
Achoo!

### **Suggested Activities:**

**1. Review and discuss the  
benefits of rain after watching  
*The Rain Song*.**

**2. Discuss the importance of  
staying close to mummy and  
daddy while in a crowded place  
after watching *Snowflake*.**

**3. Review the 3 times table after  
watching the song *3 Times  
Table*.**

**4. Review the ways to avoid  
catching a cold.**

**5. Teach children to draw a  
lamb as Uncle Jim does on this  
episode.**

**6. Discuss ways with the  
children on how to show  
consideration to others.**

## **2. Smiling Face**

**Themes covered:** The importance of  
personal hygiene; learning responsibility;  
obeying instructions; learning to handle  
disappointments positively; cheerfulness.

### **Songs on this episode:**

- 1 Brushy! Brushy!
- 2 The Lost Kite
- 3 Do it Now!
- 4 Smiling Face

### **BRUSHY, BRUSHY!**

You may not fly a plane,  
You may not drive a train,  
But you can drive your toothbrush—  
Do it every day,  
To fight against decay!

You may not drive a truck,  
You may not drive a bus,  
But you can drive your toothbrush—  
Do it every day,

To fight against decay!

Your teeth will feel so clean,  
You'll see your smile beam  
With a brushy, brushy, brushy, brushy,  
Brushy, brushy, brushy.

If you do it right,  
Your teeth will stay nice & white.  
Let's have a driving lesson,  
Just follow me  
And learn to do it thoroughly.  
Take your time, don't rush!  
Let's brush, brush, brush, brush, brush!

#### Brush Break:

Brushy, brushy, brushy, brushy, brushy,  
brushy, brushy, brushy  
Brushy, brushy, brushy, brushy, brush

Brush your front teeth nice & clean  
They'll sparkle & they'll gleam!  
Make sure to brush the outside, (outside)  
And inside, (inside)  
Your back teeth, too, where you chew  
your food.  
Brush them every day  
To fight against decay.

We're not finished yet,  
There's a side we can't forget!  
Drive along the rough road,  
Back & forth,  
Top & bottom,  
You've got 'em!  
Brush, brush, brush, brush, brush,  
But don't rush, rush, rush, rush, rush!

Now rinse several times  
And see your smile shine!  
Your teeth are so important,  
Look after them,  
They need you to take care of them.  
Brush them every day  
To fight against decay.

You may not fly a plane, (may not fly a  
plane)  
You may not drive a train,  
But you can drive your toothbrush—  
Do it every day,  
To fight against decay

Brushy, brushy, brushy, brushy, brushy,  
brushy, brushy  
Brushy, Brush!

### **THE LOST KITE!**

#### Verse 1:

Once there was a boy named Jim who  
went to fly his kite  
And all day long it flew for him & became  
his heart's delight  
But as he tried to bring it back it sailed on  
through the air,  
He cried to see it fly away then he  
stopped & prayed this prayer,

#### Chorus 1:

Lord, that kite made me happy,  
But it sailed off in the blue.  
Have it fly to a sad someone  
And make them happy too.

#### Verse 2:

Then one day Jim went to play running  
through the fields  
And saw a boy he'd never seen who had  
much less than he,  
Suddenly Jim noticed that the boy was  
playing there  
With his lost kite & the happy sight was  
the answer to Jim's prayer.

#### Chorus 2:

Lord, that kite made me happy,  
Then it sailed off in the blue.  
You had fly to a sad someone,  
And it's made them happy too.

#### Bridge:

So if something made you happy,  
But it's lost, don't you be blue.  
Pray it's found by a sad someone,  
& it makes them happy too.

### **DO IT NOW!**

Manager: You're on Ms. Prompt  
Ms. Prompt: Now?  
Manager: Yes Now.  
Ms. Prompt: Oh, oh my! I don't want to

be late.  
Curtain Man: Ready Ms. Prompt?  
Manager: Pssst, she's ready.  
Conductor: Now?

Chorus:

Do it now (Right now)  
Do it now (Right now)  
Later may mean never  
Never, ever, ever  
Do it now (Right now)  
Do it now (Right now)

Verse 1:

When your mommy calls you in to eat  
(Johnny)  
Wouldn't it be real sweet (Yes Ma'am)  
If you would obey her right away  
(Coming)  
And be on time for supper by coming in  
from play.

Verse 2:

Little jobs are things we need to do  
(I picked up all my toys)  
Don't leave until you're sure that you are  
through  
(Oh, there's one I missed)  
When the job is finished, you'll feel good  
(There now it looks nice.)  
And others will be happy that you did it  
like you should.

(Chorus)

The quicker you begin  
The quicker you will win

(Chorus)

Do it now (Right now)  
Do it now (Time to eat)  
Do it now (Right now)  
Do it now (Time for sleep)  
Do it now (Right now)  
Do it now (Right now)  
Do it now!

**A SMILING FACE!**

The World looks brighter when you wear  
a smile

It's always in fashion never out of style  
Share that expression all over the place  
Try to make others happy with a smiling  
face.

So in the morning when you start your  
day  
Make a resolution, stand up & say,  
"I'm gonna keep smiling come what may"  
Try to make others happy with a smiling  
face.

More than 70 little muscles form a  
frowning face  
But only 14 muscles put a smile in its  
place.  
On your face!

If you can't speak Russian (Da da ra)  
Or Japanese (Hi hi hi)  
If you don't know German (Ya ya ya)  
Or any Portuguese (Si si si)  
In ever language with every race  
Try & make others happy with a smiling  
face

More than 70 little muscles form a  
frowning face  
But only 14 muscles to put a smile in its  
place.  
On your face!

**Suggested Activities:**

- 1 After watching the *Brushy!* *Brushy!* song, ask the children whether they remembered to brush their teeth that day, then review the benefits of keeping one's teeth clean.**
- 2 Talk about the four kinds of teeth and their functions (Incisors, canines, pre-molars and molars)**
- 3 After watching Bunny's 'wet**



**paint' incident, review the importance of obeying instructions right away and not procrastinating.**

**4 After watching the *Story Chest* episode, discuss and list ways in which the children can help to keep their classroom/school or bedroom/house neat and clean.**

**5 Learn to draw a house along with Uncle Jim.**

### **3. Fun on the Farm**

**Themes covered:** Finding happiness through helping others, fascinating facts on farm life and animals, appreciating others' hard work, learning to value things; teamwork.

#### **Songs on this episode:**

1. Sing a song of joy
2. Mrs. Farmer Friendly
3. What kind of animal
4. That banana there

#### **SING A SONG OF JOY**

(Sing, sing!)  
Sing a song of joy,  
Live a life of happiness;  
Do a deed of kindness today.  
Sing a song of joy,  
Live a life of happiness;  
Do a deed of kindness,  
Do a deed of kindness every day.

Sing a song of joy (sing a song of joy),  
Live a life of happiness;  
Do a deed of kindness today.

Sing a song of joy (sing a song of joy),  
Live a life of happiness;  
Do a deed of kindness,  
Do a deed of kindness every day.

Give a helping hand (give a helping hand),  
Take the extra step (extra step);  
Do a deed of kindness today.  
Give a helping hand (give a helping hand),  
Take the extra step (extra step);  
Do a deed of kindness,  
Do a deed of kindness every day.

#### **Chorus 1:**

The happiness you need, will grow in  
every deed  
Of kindness that you do.  
Be happier today by showing love this  
way,  
Then happiness will find you!

With a word of cheer (with a word of  
cheer),  
And with a listening ear (listening ear);  
Do a deed of kindness today.  
With a word of cheer (with a word of  
cheer),  
And with a listening ear (listening ear);  
Do a deed of kindness,  
Do a deed of kindness every day.

#### **Chorus 2:**

The happiness you need (sing)  
Will grow in every deed (sing)  
Of kindness that you do. (Sing a song of  
joy!)  
Be happier today by showing love this  
way,  
Then happiness will find you!  
Sing a song of joy (sing a song of joy),  
Live a life of happiness;  
Do a deed of kindness today.  
Sing a song of joy (sing a song of joy),

Live a life of happiness,  
Do a deed of kindness,  
Do a deed of kindness every day.

Do a deed of kindness every day.  
Do a deed of kindness,  
Do a deed of kindness,  
Do a deed of kindness every day.  
Sing a song of joy!

### **MRS. FARMER FRIENDLY**

Mrs. Farmer Friendly was going to bake some bread.

She went into the Farmyard and this is what she said,  
“Who would like to help me to bake my bread today?”

And this is what the animals had to say:

“Not me!” said the hen.  
“Not me!” said the pig.  
“Not me!” said the honeybee,  
“I’m biz-biz-biz-biz-busy!”  
“Not me!” said the old brown cow,  
“I don’t have time to help!”  
“Well,” said Mrs. Friendly,  
“I’ll ask somebody else!”

Mrs. Farmer Friendly prepared to bake the bread.

She set out the ingredients and this is what she said,

“Would someone like to help me? It’s really lots of fun!”  
And the volunteers came running one by one.

“I will!” said Lily.  
“I will!” said Amy, too!  
“We will!” said Jeff and Paco,  
“We’ll gladly help you too!”  
“I will!” said little Rusty,

“Is there something I can do?”  
“We’re very, very happy to help you!”

So Mrs. Farmer Friendly and her helpers made the bread.

And finally when the bread was baked,

Mrs. Friendly said,

“Who would like to help me to eat my bread today?”

And what do you think the animals had to say?

“I will!” said the hen.

“I will!” said the pig.

“I will!” said the honeybee,

“I’m not so biz-biz-busy!”

“I will!” said the old brown cow,

“I do have time to eat!”

“Oh no!” said Mrs. Farmer Friendly,

“You don’t deserve a piece!”

Mrs. Farmer Friendly thanked the children who had helped.

“If you’d like to have some bread,” she said,

“Please come and help yourself!”

Then the animals who hadn’t helped felt so very sad.

Because they hadn’t helped when they were asked.

“I’m sorry!” said the hen.

“I’m sorry!” said the pig.

“I’m sorry!” said the honeybee,

“I shouldn’t have been so biz-busy!”

“I’m sorry!” said the old brown cow,

“Next time please count on me!”

“Okay!” said Mrs. Friendly,

“I accept your apologies!”

So Mrs. Farmer Friendly began to slice the bread,

And all the children took a piece and Mrs.

Friendly said,  
“I also love my animals; I think they’ve  
learned today,  
That it’s best to volunteer and cheerfully  
say...”

“I will!” said the hen.  
“I will!” said the pig.  
“I will!” said the honey bee,  
“I’m not so biz-biz-biz-biz-busy!”  
“I will!” said the old brown cow  
“I want to help instead!”  
“That’s good!” said Mrs. Friendly,  
“Now you all can have some bread!”

So everyone was happy; the bread was  
very good!  
And the animals knew better now to help  
out when they should.  
When it’s time to do your part, please  
don’t turn away!  
Let’s all volunteer and cheerfully say!

“I will!” said Lily.  
“I will!” said Amy, too!  
“We will!” said Jeff and Paco,  
“We’ll gladly help you too!”  
“I will!” said little Rusty,  
“Is there something I can do?”  
“We’re very, very happy to help you!”

“I will!” said the hen.  
“I will!” said the pig.  
“I will!” said the honeybee,  
“I’m not so biz-biz-busy!”  
“I will!” said the old brown cow,  
“Is there something I can do?”  
“We’re very, very happy to help you!”  
“We’re very, very happy to help you!”

### WHAT KIND OF ANIMAL?

Elephants sway from side to side,

Their trunks are big and strong.  
But little mice are very meek,  
They squeak and scurry along.  
The kangaroo will jump for you,  
She likes to leap and bound.  
The tall giraffe eats leaves from trees,  
And rarely makes a sound.

### Chorus:

What kind of animal can you pretend to  
be?

A flying bird, a swimming fish  
Or a funny chimpanzee.  
(Repeat)

The hippopotamus is large,  
But he can really swim.  
The lean gazelle is shy and swift,  
And she runs like the wind.  
The cockatoo can talk to you (Hello!)  
If you teach him some words.  
The ostrich and the emu  
Are the largest of all birds.

(Repeat Chorus)

It’s really so exciting  
When you hear a lion’s roar.  
Or look up high into the sky  
To watch an eagle soar.  
The mountain goat will climb the slope  
Of a rugged mountainside.  
And turtles move so slowly  
As they walk by the seaside.

(Repeat Chorus)

### THAT BANANA THERE!

Hoo, haa, hoo, haa

(Eio! Eio! That banana! Oooo, that  
banana!

Eio! Eio! Oooo, that banana!)

The other day, I was eating a banana,  
When this little thought came to me.  
Somebody had to work so very hard to  
Make this banana come to be.  
Well, they worked all day down on some  
plantation,  
Underneath the burning sun.  
And without a second thought, I pop it in  
my mouth,  
And suddenly that banana's gone!

Chorus 1:

Well, it's so easy to forget  
All of the hard work, time and sweat  
So many people had to invest  
To bring that banana to me!  
All of the clearing (clearing), plowing  
(plowing),  
Planting (planting), watering (watering),  
Fertilizing (fertilizing), harvesting  
(harvesting),  
Transporting (transporting)  
And the marketing (the marketing).  
Oh, when on these things I meditate,  
It helps me to appreciate  
All of the hard work, time and care  
That went into the making  
Of that banana there!

(That banana! Oooo, that banana-na!)

Many things in life are just like that  
banana,  
A lot goes on that we never see.  
There is so much that we all take for  
granted  
That must be planned so carefully.  
Like the food we eat, the clothes that we  
are wearing,  
And the inventions we employ.  
Oh, we just flip a switch, to turn the

power on,  
And they're ready for us to enjoy.

Chorus 2:

Oh, it's so easy to forget  
All of the hard work, time and sweat  
So many people had to invest  
To make life easier for us!  
All of the thinking (thinking), planning  
(planning),  
Trying (trying), and failing (failing),  
Experimenting (experimenting), analyzing  
(analyzing),  
The hard work (hard work) before  
succeeding.  
Oh, when on these things I meditate,  
It helps me to appreciate  
All of the hard work, time and care  
That went into the making (the making)  
Of that banana there!  
Oh, when on these things I meditate,  
It helps me to appreciate  
All of the hard work, time and care  
That went into the making (the making)  
Of that banana there!

(Eio! Eio! That banana!)

**Suggested Activities:**

- 1 Explain the difference between domestic animals and wild animals. List 5 of each.**
- 2 Make a list of the different kinds of farms as explained in this episode.**
- 3 Ask the children to come up with as many examples of "team working" as they can.**
- 4 Ask the children to imitate Uncle Jim, Peepers and Bunny**

**Bigword while watching “What kind of animal?”**

- 5 After watching “Mrs. Farmer Friendly”, ask the children if they help mummy at home. Ask them to come up with at least 3 ways in which they can be more helpful at home or in school.**
- 6 Discuss the concepts behind “That Banana There” and how important it is to learn to value things simply because so much goes into making each and every product that we sometimes take for granted**
- 7 Make a list of famous inventions and their inventors. Or, for older children, write down a list of inventions on one side and a list of inventors on the other and ask them to match them. (For example: Telephone - Alexander Graham Bell; Light bulb - Thomas Edison; Aeroplane - Orville and Wilbur Wright)**
- 8 Learn to draw a cow with Uncle Jim.**

## **4. Little Creatures**

**Themes covered:** A fun picnic adventure in the world of the ‘little creatures’; a drama on courtesy and good manners; thankfulness and gratitude.

### **Songs on this episode:**

1. Helpful habits
2. Little Creatures are everywhere

3. What are friends for?

### **HELPFUL HABITS**

I’ll remember to wash up before I eat.  
I’ll try to keep my bedroom nice and neat.  
Put my clothes back on the shelf,  
Clean up after myself,  
And always sit up straight in my seat.

#### Chorus 1:

These helpful habits I am trying to learn,  
To do my part around the house to show concern.

At first it’s difficult,  
I’ll take ‘em one day at a time.

After dinner, I’ll tell Mom, “It was delicious!”

And then I’ll help to wash the dirty dishes.  
I’ll sweep the kitchen floor,  
And do my others chores;  
And Mom says, “Thank you,” with hugs and kisses.

#### Chorus 2:

These helpful habits I am trying to learn,  
To do my part around the house to show concern.

It’s getting easier,  
I’ll take “em one day at a time.  
(One day at a time!)

(Helpful Habits! Helpful Habits!  
Helpful Habits! Yeah!)

I’ll be considerate in what I say and do,  
And remember to say “Please” and “Thank you!”

When I am asked a question,  
I’ll give my full attention,  
And give a smile when introduced.

### Chorus 3:

These helpful habits I am trying to learn,  
To do my part to show I care and I'm  
concerned.

These helpful habits are now easy to do,  
Just keep on tryin', you can learn 'em too!  
(Repeat)

These helpful habits—  
Just take 'em one day at a time.  
(Oooo, take 'em, take 'em, one day at a  
time.)

These helpful habits—  
Just take 'em one day at a time.

## **KING FREDDY'S BANQUET**

Once upon a time in a far-off land,  
there was a good king named Freddy.  
Freddy was a very polite King who said  
“Please” and “Thank you,” and was very  
kind and considerate to everyone. Also,  
King Freddy had very good table  
manners, and always remembered to  
thank God for his food before eating.

Not all the people at Freddy's castle  
had such good manners, however. Some  
never washed their hands before eating and,  
when they were served, always grabbed the  
biggest piece for themselves. Others just  
gobbled down their food and left, never  
stopping to thank God or anyone else for  
the meal. And almost everyone grumbled  
about the food.

“I don't like spinach!”

“Chicken again! Why don't we ever  
have hamburgers?”

“But I don't want jello, I want ice  
cream!”

One day King Freddy decided, “This  
is not good. I wish I could show everyone  
how important it is to be thankful and  
considerate of others and have good

manners.”

King Freddy thought and thought,  
“What can I do?” Suddenly King Freddy  
got an idea! “I know,” he said, “I will prepare  
a special feast and invite everyone to come  
and eat in the great banquet room. Then I  
will show them how important good  
manners really are.”

King Freddy made all the  
arrangements for his great feast. In his  
invitation, he asked everyone to please get  
all dressed up very nicely for this special  
meal, and to be sure to all wash their hands  
and faces and comb their hair before  
coming, because King Freddy wanted this  
to be a special feast, as he had something  
very important he wanted to tell them. King  
Freddy added a P.S., that the royal TV  
would be turned off during the meal.

At last the great day arrived, and King  
Freddy's great banquet room was beautifully  
decorated and the great tables were set with  
King Freddy's best plates and silverware.  
Soon, the huge room was filled with hungry  
people.

“Why isn't King Freddy here?” the  
people began to ask, in grumbly voices.  
“We're hungry and we want to start eating!”

“How inconsiderate of the King, to  
be late for his own banquet!”

Suddenly, a very dirty, ragged, scruffy little  
man ran into the banquet hall and went  
straight over to King Freddy's great big  
chair at the head of the table, and sat down.  
Without waiting or saying a word to anyone,  
he just began grabbing food and filling his  
plate and chewing with his mouth open and  
knocking things over. A palace guard  
marched over to the messy man to have  
him removed, but the man pulled out a dirty,  
smudged invitation with some writing on it.

Everyone in the room was very  
shocked & disgusted with the man with no

manners!

“Oh, how rude!”

“How inconsiderate he is!”

On & on they talked about how terrible the man was.

Suddenly a blast of the royal trumpets announced that King Freddy was entering the dining hall. Everyone wondered what King Freddy would do when he saw this mannerless man sitting in his chair & making such a mess.

King Freddy, who was always polite, simply said to the man, “Um, excuse me, but you are sitting at my place at the table.” The ragged man just reached out, grabbed up some more food, & scurried off in the direction of the royal TV room.

King Freddy sat down. “Please everyone, come & sit down. Thank you for waiting for me.”

Soon everyone was seated & King Freddy said, “I’m sorry I kept you all waiting so long, but I think you will understand why I am late when I explain. Did anyone notice that someone with very poor manners came in & sat in my chair?”

“Oh, yes!” the people all said. “He was a terrible man! Just terrible!”

“He had no manners at all!”

“He didn’t wash his hands!”

“He gobbled his food!”

“He chewed with his mouth open!”

“He took the very best pieces!”

“He made a mess at the table!”

“He didn’t say ‘thank you!’”

“Yes!” said King Freddy. “I’ve seen many people with poor manners, but he certainly has the worse manners I have ever seen in all my life. And that is why I personally invited him to come & eat with us today.”

“You invited him? Whatever for?”

“Yes, I invited him,” King Freddy replied, “because I wanted to show everyone how awful bad manners are, & why good manners are so very important. We have all made many of the same mistakes that this messy man made, but I hope no one will ever act like that at the table again!”

King Freddy smiled & said, “Let’s all try to have better manners! Do you all agree?”

“Yes, your Majesty!” everyone answered cheerfully. “We promise to do our best & not be naughty & bad-mannered at the table any more.”

Then they all bowed their heads while King Freddy thanked God for the food, & for helping them learn good manners. It was the nicest banquet they had ever had. Everyone remembered to say, “Please” & “Thank you” & were very considerate of each other. And from that day forward, mealtimes throughout King Freddy’s Kingdom were happy, pleasant times for everyone.

## **LITTLE CREATURES ARE EVERYWHERE**

Have you ever, ever, ever noticed,

When you play outside,

All the little, little, little creatures,

That are so small in size?

Little birds chirp, chirp among the treetops,

Tiny spiders weave their webs.

And little worms wiggle, wiggle in the garden,

Without the use of arms or legs!

Butterflies that live among the flowers,

Where bees are buzzing too;

And you can almost watch for hours

How the ants carry all their food.

So watch out for the little, little creatures,

That are sometimes hard to see.  
Who are living in their little, little houses,  
On the earth or in the seas.

Because just try, try, try to imagine  
If you came home and found  
That a dino, dino, dino, dinosaur  
Had knocked your house right to the  
ground?

Chorus:

So remember when you go out playing,  
That little creatures have homes out there.  
Please show you care and be aware  
That little creatures are everywhere.  
Oh, yeah! Little creatures are everywhere!

Of the little, little, little creatures,  
Some are slow and some are fast;  
And we shouldn't bother, bother, bother  
them  
In their natural habitat.

But if you find some harmless, little creatures  
Crawling on your walls and floors,  
Who are there without your invitation,  
You can shoo them out the door!

And when you're playing in the fields or in  
the forests,  
Or you're swimming in the sea,  
You can watch the little, little, creatures,  
But respect their property.

(Repeat Chorus)

Please show you care and be aware,  
That little creatures are everywhere!  
Oh, yeah! Little creatures are everywhere!

**WHAT ARE FRIENDS FOR?**

What are friends for?

I came over to play on this rainy day,  
'Cause I'm feeling a little sad.

What are friends for?

I can talk with you,

You're the kind of friend that makes me  
feel glad.

When you're feeling down and in the  
dumps,

I'll tell you a funny joke.

And if you have to stay in bed with mumps,  
I'll send you a snack or a get-well note.

What are friends for?

We can share ideas,

Help each other with our homework 'til it's  
done.

What are friends for?

They can bring such joy,

Every girl and boy should have at least one.

A friend is someone you know you can  
depend on

For a helping hand.

If you lose your temper I won't hold it  
against you,

I will try to understand (understand).

What are friends for?

We can share the things

That our friendship brings,

Oh, it's really so much fun!

What are friends for?

They can bring such joy,

Every girl and boy should have at least one.

They can bring such joy,

To every girl and boy,

Every girl and boy should have at least one!

Every girl and boy should have at least one!

**Suggested Activities:**



- 1 Ask the children to carefully watch *Helpful habits* and ask them collectively to make a list from memory of all the good habits they watched on the song. Then watch the song again and see how many they were able to recollect.
- 2 Teach children the little prayer that Uncle Jim and Peepers pray before they eat.
- 3 After watching *King Freddy's banquet*, make a list with the children of all the things they can do to show good table manners
- 4 Give the children 'homework' to thank mummy or whoever gives them their meals.
- 5 Review the facts on ants with the children.
- 6 Show them an actual ant hill. (Precaution: Make sure they don't go too close to the ants.)
- 7 Draw a butterfly along with Uncle Jim.

## 5. We Can Get Along

**Themes covered:** The importance of little deeds of kindness; building friendships; self-respect; appreciating the good in others; getting along with others.

### Songs on this episode:

1. We Can Get Along

2. Little Things
3. The Garden

### LITTLE THINGS

Little things! Little people! Yeah!

#### Chorus

Little letters make those great big books!  
Giant fish are caught with little hooks!  
Little seconds fill up many hours!  
Great big gardens made of little flowers!  
(Repeat)

Little things, little things!  
Little things, little things!

Little people like you and me (Uh huh.)  
Are important, as you will see! (Oh!)  
If you're kind in all you do & say,  
Your little deeds of kindness will go such a long way !

Repeat Chorus

Little things, little things!  
Little things, little things!

A little smile on a little face  
Makes the World around you a brighter place!  
A little sunshine on a rainy day,  
Brings out the colors of the rainbow in a beautiful way!

Repeat Chorus

Can you see the importance of little things?  
(Oh yes!)

Little things, little things!  
Little things, little things!  
Little things, little things!  
Little things, Yeah!

Don't you worry if you're small,  
God loves the small, imbetween and tall!  
And you can do a lot of good little things!  
And make God really happy with the joy that you bring!

And make others so happy with the joy that you bring!  
Make somebody happy with the joy that you bring!

## THE GARDEN

(Narrator)  
Here's a story for you, about a gard'ner  
who grew  
A garden, so lovely & fair.  
But one morning he found that his plants all  
around  
were moaning & filled with despair.

(Gardener:) "Alas, woe is me, what is  
this that I see—all my flowers & trees look  
so sad! Tell me my good Oak, is this some  
kind of joke, or a terrible problem you  
have?"

(Narr:) Said the Oak;  
(Oak:) "I am tired & feel uninspired as an  
Oak. What I'd like to be best Is tall, strong  
& fine like that beautiful Pine, But I can't  
so I'm feeling depressed."

(Narr:) The gard'ner asked,  
(Gardener:) "Why, Pine, why do you  
whine?"  
(Narr:) Said the Pine,  
(Pine:) "Oh, it's really not fair!  
Instead of a Pine, I wish I were a Vine  
and then thousands of grapes I could bare!"

(Narr:) Then blurted the Vine,  
(Vine:) "I don't like how I twine,  
and how short do my poor branches reach!  
My leaves are so small! How I wish I were  
tall and bore big juicy fruit like the Peach!"

(Gardener:) "My Geranium, dear, why,  
you're shedding a tear and your petals are  
drooping with gloom!"  
(Ger:) "I cannot be content, for I have  
no sweet scent like the Lilac with it's lovely  
bloom!"

### Bridge

(Gardener:) "This despair can't be  
pardoned, in all of my garden  
discouragement fills every place! But now  
look over here, like a bright ray of cheer—  
it's my Daisy with her sweet, round face!"

(Gardener:) "Why are you still so bright,  
brave & happy in spite of the gloom, doom  
& darkness I see?"  
(Daisy:) "Well, I know that I'm small—just  
a daisy, that's all, but this morning this

thought came to me!"

(Daisy:) "If you'd wanted a Pine, of a Peach  
tree of Vine growing here, you'd have made  
that your plan. But since you planted me,  
I'm determined to be the best little daisy I  
can!"

(Gardener:) "Well, my flowers & trees, I  
think you ought to be ashamed—see, this  
Daisy so small, although she's tiny, she's  
not sad & whiny, but more grateful & glad  
than you all!"

(Narr:) All the plants who'd complained  
said,

(Garden:) "No, never again will we grumble  
& gripe & protest instead of objecting to  
how we were made, we'll cheer up & all  
do our best! —And be thankful for how  
we've been blessed!"

(Sung by the narrator)  
Yes, it's best to happy with all that you have,  
And not try to be what you're not.  
Instea of comparing with others around,  
Remember what this story taught:  
Cheer up & be happy,  
Be the best that you can be,  
And be thankful for what you have got!"

(Daisy:) "Cheer up & be happy, Be the best  
that you can be, And be thankful for what  
you have got!"

## WE CAN GET ALONG

We can get along  
Yes we can get along

### Verse 1:

There's a boy I know & he really talks loud  
you can hear he's every word above a  
crowd

He doesn't need a microphone  
his voice is like a megaphone  
but I'm his friend & he's a friend of mine

### Verse 2:

There's a girl in my school she hardly ever  
talks

she does a little waddle when she walks  
She often likes to be alone  
reading books & staying at home  
But I'm her friend & she's a friend of mine

### Chorus 1:

We're all different in so many ways  
Different shapes & sizes & traits  
We're not perfect & we make mistakes  
But we can learn to get along  
Love & understanding are what it takes,  
so that we can get along

Verse 3:

There's a boy on my team who's always  
missing the ball  
when he runs he often stumbles & falls  
He may not have coordination  
but without a hesitation  
I'm his friend & he's friend of mine.

Verse 4:

My next door neighbor is a new kid in town  
he doesn't seem to know his way around  
He was born in a foreign land  
his accent's hard to understand  
But I'm his friend & he's a friend of mine.

Chorus 2:

We're all different in so many ways  
Different Shapes & sizes & traits.  
We're not perfect & we make mistakes  
But we can learn to get along.  
Love & understanding are what it takes,  
So that we can get along

Love & understanding are what it takes,  
So that we can get along

We can get along (Yes we get along)  
Yes we can get along

**Suggested Activities:**

**1. Watch the song “Little Things” with the children and ask them to list the “little things” they can do each day to help others and make them happy.**

**2. After watching the song “The Garden”, play “The Glad Game” with the children. This game consists of each of the children counting his or her blessings and listing 3 things**

**that he or she is thankful for.**

**3. After watching the episode, review the fascinating facts about cats, dogs and rabbits.**

## **6. Be the Best**

**Themes covered:** The importance of team working, recognizing and respecting the importance of each team member, being the best, doing one's work thoroughly and well, cooperation.

**Songs on this episode:**

1. Instruments of the Orchestra
2. Be the Best That You Are
3. Keep on Going

### **INSTRUMENTS OF THE ORCHESTRA**

Chorus:

The instruments of the orchestra all play so differently.  
Some play up high, some play down low,  
But all are needed for the symphony.

Verse 1:

The violin plays a lovely melody.  
The viola adds a pretty harmony.  
In comes the cello with sound so sweet & mellow,  
And the double bass plays as low as low can be.

The piccolo plays a tune so very high.  
The flute sings happily so clear & bright.  
The clarinet plays sweetly, the oboe answers softly,  
And soon the bassoon comes in with his reply.

Chorus 2:

The instruments of the orchestra all play so differently.  
Some play up high, some play down low,  
But all are needed for the symphony.

Like instruments in the orchestra, we all  
must play our part.  
Whatever you are needed to do, do it with  
all your heart.

Verse 2:

The trumpet plays with a loud & ringing  
sound.  
The trombone's slide can go up & down.  
The sound of the horn is soft & round &  
warm,  
And the chubby tuba plays the low base  
line.

The harp plays softly with a lovely  
rippling song.  
Hear the ringing of the bells & gongs.  
The funny xylophone has a sound that's  
all its own,  
While the drums & cymbals crash so loud  
& strong.

Bridge:

Sometimes a piano, sometimes a guitar,  
With the orchestra they'll play their part.  
Sometimes there are singers, sometimes a  
whole choir,  
But there's always a conductor to keep  
them all in time.

Chorus 3:

Like instruments in the orchestra,  
[Some play up high, some play down low,  
Some play so fast, some play so slow]  
We all must play our part.  
[All of them play so differently,  
But all are needed for the symphony]  
Whatever you are needed to do, do it with  
all your heart.

**BE THE BEST THAT YOU ARE**

Chorus:

Be the best, you can be the best,  
Be the best of whatever you are.

Verse 1:

If you can't be a pine on the top of the  
hill,  
Be a bush by the side of the rill.  
If you can't be the sturdy trunk of a tree,  
Be a branch or a twig or a seed.

Verse 2:

If you can't be a flower, then be the grass.  
If you can't be a muskie, be a bass.  
If you can't be the sun, then be a star.  
Just be the best of whatever you are.

Chorus:

Be the best, you can be the best  
Be the best of whatever you are.  
Be the best, you can be the best  
Be the best of whatever you are.

Verse 3:

If you can't be a highway, then be a trail.  
If you can't be a hammer, then be a nail.  
If you can't be the head, then be the tail.  
If you can't be the stairs, then be the rail.

Verse 4:

We can't all be captains, there's got to be  
crew.  
There's something for everybody to do.  
If you are big, or if you are small,  
Just do your best, & give your all

**KEEP ON GOING**

(Spoken)

If you are singing a song  
Or doing a performance on stage,  
Remember this little chorus  
I learned from a frog twice my age.

(Singing)

Don't worry about yourself,  
Think about somebody else.  
If you forget the words to say,  
Keep on going anyway.  
  
Don't worry about yourself,  
Think about somebody else.  
If you forget the words to your song,

Keep on going on  
laa laa laa laa laa

Spoken: Sing with me now

(Singing)

Don't worry about yourself,  
Think about somebody else.  
If you forget the words to say,  
Keep on going anyway, ay, ay,  
Keep on going anyway.

Spoken:

If you forget the words to say,  
Remember, to keep on going anyway.  
La,la,la,la....

### **Suggested Activities:**

- 1 Ask the children to list all the musical instruments that were featured in “the instruments of the orchestra” and write them down on a board.**
- 2 Ask the children to list all the tools featured in the play that Uncle Jim and friends put up. Explain what each tool is used for. For example, a hammer is used to hammer nails, sandpaper is used for smoothing wood, etc.**
- 3 Discuss how all the parts of a machine need to work together in order for it to function properly. For example, a car will not move if it doesn't have 4 wheels.**
- 4 Ask each child to list 3 of his or her own good qualities or strengths. The teacher can help**

**the students in this exercise. The idea is to help the children build positive self-esteem.**

## **7. Our Beautiful World**

**Themes covered:** Community service, nature adventures, wonders of our solar system, environmental awareness, animal babies, the benefits of a calm disposition.

### **Songs on this episode:**

1. Animal Babies
2. Sometimes I Just Like to Be Quiet
3. Come and See the Universe
4. A Beautiful World

### **ANIMAL BABIES**

#### Verse 1:

A puppy is the baby of a dog.  
A tadpole is the baby of a frog.  
A foal is the baby of a donkey or a horse  
And a little baby cat is a kitten, of course.

#### Verse 2:

Elephants and cows have a baby calf,  
So does a seal and a whale and a giraffe.  
A cub is a baby lion, tiger, wolf or bear,  
And a fawn is the baby of a deer.

#### Chorus:

Those animal babies are so cute!  
I'm sure their mamas and their papas  
think so, too.  
They bring a lot of happiness to you and  
to me.  
It's so much fun to watch them grow, oh,  
wouldn't you agree?

#### Verse 3:

A caterpillar is a baby butterfly.

And little baby fish are known as fry.  
Baby bees are larva, and baby ants are,  
too.  
And a joey is the baby of a kangaroo.

Verse 4:

A baby bird or chicken is called a chick,  
And a baby goat is called a kid.  
A sheep has a baby called a lamb,  
And a human baby is a child—  
That's what I am!

It's so much fun to watch them grow, oh,  
wouldn't you agree?

Verse 5:

The baby of a duck is a duckling.  
The baby of a goose is a gosling.  
The baby of a swan is a cygnet,  
And the baby of a pig is a piglet.

It's so much fun to watch them grow, oh,  
wouldn't you agree?

It's so much fun to watch them grow, oh,  
wouldn't you agree?

Oh those animal babies are oh so cute!

**SOMETIMES I JUST LIKE TO BE QUIET**

Verse 1:

Sometimes I just like to be quiet  
I think that there is something special  
about it

Well, I like my friends,  
I am with them most of the time,  
But sometimes I just like to be quiet

Verse 2:

If I stop talking & listen,  
I hear a bird in the tree singing,  
Her melody sounds so happy to me  
Oh, sometimes I just like to be quiet.

Chorus:

I like to take time to be peaceful,  
A special time for me to be still  
You too may find you'll like it  
And you'll enjoy the quiet (Ssshhhh)  
You may hear something special if you try  
it

Verse 3:

When I am alone & in bed in the evening  
I close my eyes as I am thinking  
Of all the good things that my memory  
brings,  
Sometimes it feels good to be quiet.

Verse 4:

I have one mouth, but I have two ears;  
So it is obvious & very clear  
That listening is an important thing,  
So sometimes it is good to be quiet,

I like to take time to be peaceful,  
A special time to be still.  
You too may find you'll like it,  
And you'll enjoy the quiet (You'll enjoy  
the quiet)

You may hear something special if you try  
it,

Oh, sometimes I just like to be quiet

**COME AND SEE THE UNIVERSE**

Chorus:

Come and see the universe, there's so  
much for us to learn.  
See the sun and moon and stars, watch  
how the planets turn.  
Come and see the solar system, nine  
planets and we can count them;  
Come and see the universe with me.

### Verse 1

The Earth travels around the sun, once in every year.

The sun gives warmth and light, helps food to grow down here.

The moon travels around the Earth, once every 28 days,  
Makes ocean tides and affects our lives in so many ways.

### Verse 2:

The first planet is Mercury, closest to the sun.

(That's right Peepers!)

Then comes Venus, and Earth is the very next one.

There's Mars and Jupiter, and Saturn has rings that shine.

Then Uranus, Neptune, then Pluto is number nine.

### Verse 3:

Look up to the sky at night, you'll see thousands of stars.

Each one is like the sun, except they're very far.

Their light shines down to earth, like signposts in the sky,

Helping ships and travelers to find their way at night.

## **IT'S A BEAUTIFUL WORLD**

### Verse 1:

Did you ever see a sunrise in the skies golden bright?

Did you ever see a moonbeam glimmer and gleam?

Did you ever see a butterfly flutter by past your eyes?

Did you ever see a fish swimming in a stream?

All this world is given to us to enjoy,

But we need to take care of it too.

### Chorus:

'Cause it's a beautiful world that we're living in.

Let's do our very best to keep it clean.

Make a happy home here for each boy and girl

In our beautiful, beautiful world.

### Verse 2:

Have you ever seen a humming bird, heard how its wings whirred?

Have you ever seen a mountain all covered with snow?

Have you ever seen a deer in a clearing appearing?

Have you ever found a grove where wild roses grow?

Wouldn't it be a shame if we didn't take care

Of this wonderful world we share?

### Verse 3:

Let's help to protect the beautiful forests;  
Let's not pollute the lakes, the rivers, and seas.

God has given us the earth, so let's take good care of it,

Do all we can in our communities.

Here are some things that you and I can do:

### Verse 4:

You can plant a seed of a tree or a flower.

You can make your city look pretty and clean.

Never throw your trash in a stream or a river.

Use a waste disposal, or recycling.

Let's always do what we can to take real good care

Of this wonderful world we share.

### **Suggested Activities:**

- 1 Make a list of animals featured in the song “Animal Babies”. Then write the names of the ‘parent’ animals on the left side of a board and the names of the babies randomly on the other. Then ask the children to match them.**
  
- 2 Ask the children to list the 9 planets in the solar system after watching the song “Come and see the universe.” Then conduct the following impromptu quiz with the children by asking them the following questions:**
  - 1. Which is the planet closest to the sun? (Mercury)**
  - 2. Which is the planet furthest from the sun? (Pluto)**
  - 3. Which planet has rings around it? (Saturn)**
  - 4. Which is the only planet in the solar system with life on it? (Earth)**
  - 5. Which is the planet closest to the earth? (Mars)**
  - 6. Which planet is referred to as “the red planet”? (Mars)**
  - 7. Which is the biggest planet? (Jupiter)**
  - 8. Which is the smallest planet in the solar system? (Mercury)**

**9. Which planet has the most moons? (Saturn - 22)**

**10. What galaxy is our solar system a part of? (The Milky Way)**

**Learn the following acronym to easily remember the names of the 9 planets:**

**My Very Elegant Mother Just Showed Us Nine Planets**

**(Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune, Pluto)**

**3. Discuss with the children how they can do their part in recycling and conserving the world’s resources? (For example, planting trees, making products out of waste paper and plastics, keeping one’s immediate surroundings clean by not littering, etc.)**

**4. Locate an area where the children can plant their own saplings and teach them how to take care of them. Alternately, organize a “clean up drive” in school or in a nearby park etc. where such a drive is needed.**

## **8. Around the World**

**Themes covered:** Educational adventure involving the seven continents, their languages and cultures, the universal importance of being loving considerate and kind, dances from around the world, phrase “I love you” in several different



languages.

### **Songs on this episode:**

1. I Like to Dance
2. All Around the World
3. International I Love You

### **I LIKE TO DANCE**

#### Chorus:

I like to dance, like to dance whenever I  
get the chance.

I like to swing, like to spin 'round and  
'round.

I like to lift up my feet to the music with a  
beat,  
Moving to that happy sound.

#### Verse 1:

I like to dance the rhumba, and bossanova  
too.

Sometimes I like to samba,  
And the polka is so much fun to do.

#### Verse 2:

I like to dance the tango, the cha cha cha  
is fun.

Have you ever seen the fandango?  
And the square dance includes everyone.

#### Verse 3:

When I waltz 'round the floor, I feel I  
could soar  
Through the air like a bird in the sky.  
I like to dance rock and roll to a beat with  
some soul,  
Doing the twist or the jive.

### **ALL AROUND THE WORLD**

#### Chorus:

Around and 'round the world  
Wherever you may be

The children love to sing a happy melody  
You may be rich or poor  
You may be dark or fair  
But a happy smile is welcomed  
everywhere.

We may eat different foods  
We may wear different clothes  
But in our hearts  
There's one thing that everyone knows  
That love is the answer to each boy and  
girl  
All around this big wide world.

#### Verse 1

In Europe where I live  
We've lots of milk and cheese  
And there are vineyards, fruit orchards  
and factories  
There are buildings there from ancient  
history  
And I like roast lamb, shepherd pie and  
spaghetti,

#### Verse 2

The land of Asia, that's where I come  
from  
We make computers, toys and clothes for  
everyone  
We like noodles and fish and grow a lot of  
rice  
I think you'll find my country very nice.

#### Verse 3

I come from Africa  
We have elephants, rhinoceroses, giraffes  
and zebras,  
There are deserts there and jungles  
And down south you'll find lots of gold  
and diamonds in the mines.  
Africa.

#### Chorus:

Around and 'round the world

Wherever you may be  
The children love to sing a happy melody  
You may be rich or poor  
You may be dark or fair  
But a happy smile is welcomed  
everywhere.  
We may eat different foods  
We may wear different clothes  
But in our hearts  
There's one things that everyone knows  
That love is the answer to each boy and  
girl  
All around this big wide world.

Verse 4:

In north America, which where I come  
from.  
We are growing wheat and corn and  
cotton on the farm  
There are big cities too, with buildings oh,  
so high.  
And I like hot dogs, hamburgers and  
apple pies.

Verse 5:

IN South America, we grow a lot of things  
Timber and rubber trees cocoa and coffee  
beans  
We like to have fiestas  
Where we dance and sing  
I like to eat tortias, tacos and chilly beans

Verse 6:

Here in Australia, we have kangaroos,  
emus and koala bears  
Grazing in the countryside are cattle and  
sheep  
We've got deserts and beaches and a big  
coral reef.

Round and around the world,  
Round and around the world,

Verse 7:

But who lives down in Antarctica.  
I heard that it's frozen all through the year  
It's too cold for people like us to exist.  
There's no one but penguins, seals and  
scientist.

Chorus:

Around and round the World  
Wherever you may be  
The children love to sing a happy melody  
You may be rich or poor  
You may be dark or fair  
But a happy smile is welcomed  
everywhere.

We may eat different foods  
We may wear different clothes  
But in our hearts  
There's one things that everyone knows  
That love is the answer to each boy and  
girl  
All around this big wide world.

Love is the answer for each boy and girls,  
All around this big wide world.

**INTERNATIONAL I LOVE YOU**

Let's learn the ways  
To say "I love you!" around the World,  
Around the World!

Down on a beach in Southern France,  
A boy and girl in sweet romance  
Will say, "Je t'aime!"

Geena, the cute Italian girl,  
Combs her baby sister's curls  
And says, "Te amo!"

Giving her daughter's hand a squeeze,  
A Brazilian Mom in Portuguese  
Will say, "Eu amo voce!"

All around the World  
There are so many ways  
Of saying I love you!

Chorus  
Let's learn the ways  
To say I love you.  
Je t'aime, te amo, eu amo voce.  
(Je t'aime, te amo, eu amo voce.)  
It means the same  
No matter how you say, I love you!

Telling the kids goodnight in Thailand,  
Mommy will kiss them as they smile and  
say,  
"Rao Ra-coon!"

Ivan the little Russian boy  
Lends his brother his favourite toy  
And says, "Ya lubliu tebya!"

If your mom were born a Greek,  
She'd kiss your daddy on the cheek  
And say, "Sagapo!"

All around the World  
There are so many ways  
Of saying I love you!

Cute little girl in Germany,  
Sitting upon her Daddy's knee,  
Will say, "Ich liebe Dich!"

Look at the boy there in Japan,  
Taking his sister by the hand,  
He says, "Ai shite imasu!"

From Argentina to Mexico,  
When sweethearts are in love, you know,  
They say, "Te amo!"

All around the World there are so many

ways  
Of saying I love you!

Chorus  
Let's learn the ways to say I love you  
Ich liebe dich, Ai shite imasu, Te amo.  
(Ich liebe dich, Ai shite imasu, Te amo.)  
It means the same no matter how you say  
I love you!

Spoken  
So you see, these are some of the ways to  
say I love you, all around the world!  
Some are difficult and some are easy!

Even if you don't know the words to say,  
You can show your love in many ways;  
All around the World a smile can be a way  
of saying I love you!  
All around the World there are so many  
ways of saying I love you!

### Suggested Activities:

- 1 After watching "I like to dance" ask the children to list the dances from countries around the world.**
- 2 After watching the song 'Around the world', list the seven continents.**
- 3 Conduct the following quiz based on the song 'Around the world':**
  - 1. In the song, which continent has wheat, corn, high buildings, hot dogs and hamburgers? (North America)**

2. In the song, which continent has computers, toys, clothes, noodles, rice, fish? (Asia)
3. In the song, which continent has rhinoceros, giraffes, zebras, deserts, jungles, gold diamonds in the mines? (Africa)
4. In the song, which continent has kangaroos, emus, sheep, beaches, coral reefs? (Australia)
5. In the song, which continent has penguins, seals and scientists (Antarctica)
6. In the song, which continent has rubber trees, timber, cocoa, coffee beans, tortillas, tacos, chilli beans? (South America)
7. In the song, which continent has cheese, fruit orchards, buildings from ancient history, shepherd's pie, spaghetti? (Europe)

4. Teach children how to use an alarm clock (like Bunny Bighop does) so as to be punctual.

## 9. Happy and Healthy

**Themes covered:** How to cope with sickness, building good eating habits, fun information on vitamins, honesty, the importance of a positive outlook when

things go wrong.

### **Songs on this episode:**

1. Happy and Healthy
2. Nutrition Song
3. Wolf, Wolf
4. Look on the Bright Side

### **HAPPY & HEALTHY**

#### Verse 1:

If it's cold, I know I'd better  
Wear a jacket, or a sweater  
Or I'll catch a chill.  
If it's wet & rainy weather,  
I know I should go & get a  
Raincoat or umbrella.

#### Chorus:

Little rules of health are made  
For my good, & if they're obeyed  
They will help to keep me well.

#### Verse 2:

Eating all my fruits & veggies,  
And drinking water keeps me healthy  
So I can run & play.  
I will cover coughs & sneezes  
So I do not spread diseases,  
And I'll keep my hands real clean.

#### Bridge:

I don't want to be that foolish  
To break those rules & find out instead  
Of having fun with everyone  
I'll be sick in my bed.

#### Verse 3:

Not too late to bed at nighttime  
So I'll wake up at the right time  
Ready for the day.  
If I exercise at playtime,

Getting fresh air while it's daytime,  
Happy & healthy I will be.

They will help to keep me well.  
Happy & healthy I will be.

## NUTRITION SONG

### Verse 1:

(Mr Protein): Good day to you!  
(Mr. Carbohydrate): Good day to you!  
(Ms. Vitamin & Ms. Mineral): Good day to you, too!  
(All): We're here to sing you a song  
About the foods you need to grow healthy & strong.  
Let us introduce ourselves to you one by one,  
And it'll be a lot of fun  
To learn everything you need,  
All that you should eat.  
We're so glad to meet you!

### Verse 2:

(Mr. Protein): I'm Mr. Protein.  
I'll help you grow up into strong women & men.  
If you've been sick, I'll help you get healthy again.  
My name is Mr. Protein & I'm here to help you!

### Chorus 1:

You can find me in meat & eggs & fish & chicken  
And milk & yogurt & cheese,  
Rice & nuts & grains & peas,  
And even in lentils & beans.

### Verse 3:

(Mr. Carbohydrate): The name's Carbohydrate.  
I give you energy to work, think & play.

I'll keep you going throughout the day  
And I'd like to say I'm so glad to meet you!

### Chorus 2:

You can find me in bread & rice, potatoes & cereals,  
Fruits & veggies & beans,  
Nuts & noodles & sugar & Honey,  
Molasses & everything sweet.

### Verse 4:

(Miss Vitamin): My name's Miss Vitamin  
(Miss Mineral): And I'm Miss Mineral, her very good friend.  
(Miss Vitamin & Miss Mineral): We help protect when sicknesses try to get in,  
And we'd like to tell you again, we're so glad to meet you!

### Chorus 3:

You can find us in oranges, lemons, papayas & pineapples,  
Guavas & tangerines,  
Fish & liver, tomatoes & carrots,  
Spinach & all kinds of greens.

### Verse 5:

(All): We'd like to tell you once more,  
To keep you strong & healthy is what we're for.  
We're here to help you all be healthy for sure.  
You will grow up more & more.  
That's why we tell you:  
To eat your greens & all your beans,  
your meat & cheese,  
Your tangerines,  
Finish the fish from off your dish,  
Eat all your rice & add some spice, it's really nice.  
You'll like it if you try it,  
So have a balanced diet.

## WOLF, WOLF

### Verse 1:

There once was a boy living in the country,  
Tending sheep on his father's farm.  
He led them out to a hillside pasture,  
Making sure they were safe from harm.

### Verse 2:

Then one day he was feeling lonely,  
Sitting with the sheep all by himself.  
He had an idea to pretend there was danger,  
To say there's a wolf & call for help.

### Chorus:

"Wolf, Wolf!" he cried out to the villagers  
below,  
"Wolf, Wolf!" but it really wasn't so.  
"Wolf, Wolf!" he cried out, but it was only  
make believe.  
Just to get attention, he decided to deceive.

### Verse 3:

The men in town came quickly running  
To help their neighbor in distress.  
But when they arrived, the boy sat laughing,  
"There is no wolf!" it was all in jest.

### Verse 4:

The men went home very disappointed  
That the boy had lied to them.  
A little while later upon the hillside,  
The boy shouted out again & again:

### Chorus 2:

"Wolf, Wolf!" he cried out to the villagers  
below,  
"Wolf, Wolf!" but it really wasn't so.  
"Wolf, Wolf!" he cried out, but it was only  
make believe.  
Just to get attention, he decided to deceive.

### Bridge:

One, two, three times the men came  
running,  
Only to find the shepherd boy was lying.  
But then one day a real wolf came along.  
The boy cried, "Wolf, Wolf!" but no one  
would come.  
Because he'd lied so many times before,  
The people thought he was lying once more.  
Then all the sheep started bleating for help.  
He couldn't fight the wolf all by himself.  
Oh, so don't cry...

### Chorus 3:

"Wolf, Wolf!" if it really isn't true.  
Don't cry, "Wolf!", you may be sorry if  
you do.  
The little shepherd boy regretted he'd  
deceived,  
'Cause when he really needed help, no one  
would believe.

### Chorus 4:

Don't cry "Wolf!" if it really isn't true.  
Don't cry "Wolf!", you may be sorry if you  
do.  
The little shepherd boy regretted he'd  
deceived,  
'Cause when he really needed help, no one  
would believe.  
'Cause when he really needed help, no one  
would believe.

## LOOK ON THE BRIGHT SIDE

### Verse 1:

When I was just a lad, I liked to travel with  
my dad;  
I thought he had the best old car in town.  
But then we drove one day to the city far  
away,  
And when we arrived, our car broke down.

### Verse 2:

We locked up the car there, and we went to look for help,  
And on the way my dad met an old friend.  
(Spoken): “Hi! I haven’t seen you in a long time!”  
(Sing): He fixed our car for free, we met his family,  
Everything worked out for good in the end.

### Chorus:

I like to look on the bright side,  
Try to look on the bright side,  
Never hurt my eyes by looking on the bright side.  
I like to look on the bright side, & when everything goes wrong,  
I still get along by looking on the bright side.

### Bridge 1:

When things don’t go right, don’t fuss & whine;  
Some good’s gonna come, just give it time!  
Hey, diddle, diddle, play that fiddle!

### Verse 3:

Maybe you’re feeling down & you’re wearing a frown,  
‘Cause your best friend can’t come out & play.  
Now remember then, at least you have a friend,  
And you can see him again another day.

### Verse 4:

Perhaps you’re sick in bed with a cold in your head,  
You can’t do all the things you want to do.  
But you have lots of time now to write a line,  
To your friend who cares so much about you.

### Bridge 2:

Let’s see that smile, wipe away your frown.  
Look on the bright side, don’t look down.

### **Suggested Activities:**

- 1. After watching the song “Happy and healthy”, ask the children to list the “little rules of health” together. (You as the teacher can glean a comprehensive list from the lyrics of this song.)**
- 2. After watching “The Nutrition Song”, ask the children to list the food groups featured in it— Protein, Carbohydrates, Vitamins, Minerals – and give examples of each.**
- 3. The children can learn how to make a ‘get-well’ card along with Uncle Jim**
- 4. After watching “Wolf! Wolf!” discuss the importance of honesty and the consequences of dishonesty with the children.**

## **10. Happy Holiday**

**Themes covered:** Swimming safety, the wonders of marine life, ships, camping in nature, the pitfalls of teasing, playtime tips, asking for help when you need it.

### **Songs on this episode:**

1. The Right Way To Play
2. In the Ocean
3. Making Fun
4. We All Make Mistakes

## 5. My Name Is Nighttime

### **THE RIGHT WAY TO PLAY**

I went with my kid brother to the park the other day.

A group of kids were fighting and wanting their own way.

Man, they were getting pushy, and one boy banged his knee;

But they just laughed and then kept right on shoving.

We went to help the boy who fell; he could hardly walk.

We sat down on a nearby bench and began to talk.

I said, "I've had some accidents, and caused some others too.

But now I know a better way; I'll show you that...

Chorus:

"There's a right way to play and have a real good time.

There's a right way to play, so everyone feels fine.

If we take our turn and be careful and alert,

No one will get hurt and we'll be happy."

I learned an important lesson once when I caused an accident.

It doesn't pay to push your way and risk losing a friend.

You can care about the other guy and still have lots of fun,

And then everyone will have a good time. Yes...

Chorus:

Yes, there's a right way to play and have a real good time.

There's a right way to play, so everyone feels fine.

If we take our turn and be careful and alert,

No one will get hurt and we'll be happy.

No one will get hurt and we'll be happy.

### **IN THE OCEAN**

In the ocean, the ocean,

Live the giant whales.

Spraying water way up high,

And splashing with their tails.

In the ocean, the ocean,

Live the dolphins, too,

Riding waves, so strong and brave,

And they try to talk to you.

Chorus:

The oceans are so vast and wide,

They reach 'round the World,

Touching every continent

Of every boy and girl.

Fishing boats and sailing ships

And ocean liners, too,

Travel on the mighty seas,

And cross the oceans blue.

In the ocean, the ocean

Lives the octopus,

Swimming along with eight long legs,

He looks so humorous.

In the ocean, in the ocean

There are so many fish,

Salmon, tuna and marlin, too,

And pretty angel fish.

In the ocean, in the ocean

There's a world so deep.

Have you ever wondered how

All the fishes sleep?



Sea lions, sea horses,  
Flying fish and cod;  
The sea is full of amazing things  
And all were made by God.

### MAKING FUN

Spoken:

Older Girl: Hey, what's wrong with  
Melissa? It looks like she's been crying!

Boy: Aw, she doesn't want to play with  
us.

Melissa: But they were making fun of me!

Girl: Aw, come on, Melissa, we were just  
having fun!

Older Girl: Well, you know, it's not fun if  
it ends up making somebody cry! You  
see...

Chorus:

Making fun is just no fun, when you see  
what it's done.

Our teasing games and calling names can  
really hurt someone.

Sticks and stones can break our bones,  
but words with unkind laughter

Are very real and we can feel them hurt a  
long time after.

Verse 1:

So let's be careful what we say,  
Even if the words are just in play,  
They may hurt others in some way.

Verse 2:

So let's be careful when we play,  
That in all we do and say,  
We don't hurt someone.

Spoken:

Boy: You know, she's right. Come on,  
Melissa, we're sorry. Let's play  
something else.

Melissa: Okay! But what will we do?

Girl: Well, why don't you chose a game!

Older Girl: We can all join in and have fun  
together!

Girl: Come on! Let's give it a try!

### WE ALL MAKE MISTAKES

People were pointing and laughing at me,  
And then I found out

My shirt was on inside out!

It's okay, we all make mistakes.

No one could drink the hot chocolate I  
made,

But it wasn't their fault

The sugar really was salt! Oops!

I guess we all make mistakes.

Chorus:

So I won't cry when I've made a blunder,  
That dark cloud I don't need to get under.

I'll cheer up, for everyone's sake,

And have a little giggle at my silly  
mistakes.

I sent a letter in the mail today.

I wrote my Uncle and Aunt,

But the envelope had no stamp!

Ha! See, we all make mistakes.

(Sorry!) We all make a lot of mistakes!

So don't give up, you don't need to quit,  
'Cause you made a mistake

It's something easy to make.

We all make a lot of mistakes.

(Sorry!) It's okay! We all make a lot of  
mistakes!

Try again when you make a mistake!

### MY NAME IS NIGHTTIME

Hi! My name is Nighttime.

I'm kind and cozy, I'll pat your pillow as you sleep.

I'm smooth as velvet, gentle as the air,  
I'm good for children and people everywhere.

Hi! My name is Nighttime.

And I can see you, I want to give you happy dreams.

My friends in Heaven smile upon you,  
They are the stars that blow you kisses, too.

I've got a sister, Daytime is her name,  
But as you know we're not the same.  
God made us both to give you exactly what you need,  
The golden days and the nighttime for your sleep.

We like the night with the twinkling light.  
It holds us tight with the hug of goodnight.

I've got a lantern in my starry hand,  
It's the moon that shines upon the land  
(beaming light upon the land)  
It's singing love upon the children of the world,  
Every boy and every little girl.

We like the night with the twinkling light.  
It holds us tight with the hug of good night.

Hi! My name is Nighttime.

I'm kind and cozy, I'll pat your pillow as you sleep.

I'm smooth as velvet, gentle as the air,  
I'm good for children and people everywhere.

Yes, I can see you, I want to give you happy dreams.

My friends in Heaven smile upon you,  
They are the stars that blow you kisses too.

My friends in Heaven smile upon you,  
They are the stars that blow you kisses too.

Good Night! Sweet Dreams!

### **Suggested Activities:**

**1. After watching the song, "Right Way to Play" divide the blackboard into 2 halves by drawing a vertical line down the middle. On the left side, write "Do's" and on the right side, write "Don'ts". Ask the children the right ways to play and list them under the "Do's". Then ask them what they shouldn't do while playing and list their answers under the "Don'ts".**

**2. After watching the song "In the Ocean", ask the children if they can remember the names of at least 5 different kinds of sea creatures. (Octopus, Marlin, Tuna, Flying Fish, Cod.)**

**3. Draw a fish along with Uncle Jim.**

**4. After watching the little exchange between Peepers and Bunny at the campground, ask the children to list their favourite sports and other activities, then list them on the blackboard. Then bring out the point how each of us has different preferences, and as long as**

**those preferences are not harmful in any way, we should respect them.**

**5. Review the swimming safety rules with the children. Make a game out of it and see how many rules they can remember.**

## **11. Birthday Suprises**

**Themes covered:** Settling disagreements, the virtue of patience, great tips on how to make a birthday party a memorable and sweet experience, giving others the benefit of the doubt, staying calm, not getting upset and irritated, showing appreciation.

### **Songs on this episode:**

1. Stay Sweet
2. God Takes His Time
3. 30 Days Hath September
4. You Can't Judge a Book By Its Cover

### **STAY SWEET**

When I was just a young boy, I want to let you know,

I had a nasty temper that I could not control.

Someone would get me riled up with something that they said,

My heart would pound like thunder as my face was turnin' red.

Then I'd think about what my Mama would say. She said,

Chorus:

Stay sweet, stay sweet, before you say something that you shouldn't repeat.

Don't get upset, before you do something

that you're gonna regret. It ain't weak to stay meek. You'll see by turning the other cheek

That it takes a mighty big man in his soul to stay sweet.

One day I was playing and along came one of the boys.

I know it was just an accident, but he stepped on one of my toys.

My heart pounded like thunder, my face was turnin' red,

I was just about to blow my top when I remembered what my Mama said.

She said,

Stay sweet, remember!

That's better!

Well, it may not be that easy, it's gonna take all that you've got

To try to be kind and gentle when your temper's inclined to be hot.

So if you quench that burnin' anger with a cool stream of love,

You'll make more friends and you'll understand what my Mama was thinkin' of

When she used to say these words to me,

It takes a mighty big man in his soul to stay sweet.

(Stay sweet!) Simmer down!

(Don't get upset!) Don't get upset!

(Stay sweet, don't get upset!) Cool your jets!

(Stay sweet!) You won't regret it!

### **GOD TAKES HIS TIME**

Chorus:

God takes His time to make a tree,  
A baby so tiny or a bumblebee.

He grows them slow so we can see,  
And know the way we ought to be.  
The farmer can't plant the seeds and say,  
"Come on and hurry up and grow in one  
day!"  
He has to wait for the rain and the sun,  
To help the plants grow one by one!

We can't expect babies to get up and  
walk,  
It takes time to teach them to learn how to  
talk.  
Show lots of patience in all that you do,  
Remember you once were a baby, too!

So don't be discouraged when something  
goes slow,  
Though it is hard to wait, I know!  
Remember the plants and the baby so  
small,  
Though it takes time you will grow big  
and tall!  
And know the way we ought to be!  
God takes His time with you and me!

### **30 DAYS HAS SEPTEMBER**

Thirty days has September,  
April, June and November.  
All the rest have thirty-one,  
All the rest except for one.  
All the rest except for one.  
Take a look at February  
And remember how it varies:  
Twenty-eight, the days decline,  
But on leap year: twenty-nine.

### **STORY: THE SIX BLINDFOLDED MEN AND THE ELEPHANT**

It happened once in India,  
Six men from different lands,  
Were asked to solve a mystery

By feeling with their hands.

They were taken to an elephant  
With blindfolds on their eyes,  
And asked to guess just what it was  
To see if they were wise.

The first approached the elephant  
And happening to fall  
Against his broad and sturdy side,  
At once began to call,  
"Oh my, I think this mystery  
Is nothing but a wall!"

The second reached and felt the tusk;  
He cried, "What have we here  
So very round and smooth and sharp?  
To me it's truly clear  
The secret of this mystery  
Could only be a spear!"

The third approached the animal  
And happening to take  
The squirming trunk within his hands,  
Said, "No, you're wrong, just wait!  
It seems to me the answer  
To our mystery is a snake!"

The fourth reached out an eager hand  
And felt about the knee.  
"What could this wond'rous secret be?  
'Tis very plain to me.  
It's clear enough that what I feel  
Is nothing but a tree!"

The fifth who felt a waving ear,  
Said, "Even a blindfolded man  
Can tell what we have here;  
Oh yes, I think I can!  
It's obvious this puzzle  
Is a great and mighty fan!"

The sixth announced, "Please step aside!"

As towards the beast he groped.  
“I’ll give you my opinion!”  
He confidently spoke.  
He grabbed the tail, and cried, “Aha!  
The answer is...a rope!”

And so these men with blindfolds on  
Continued to protest;  
Each one thought that he was right,  
Not listening to the rest.

But if they’d worked together  
As a team in unity,  
They would have had a better chance  
To solve the mystery.

### **YOU CAN’T JUDGE A BOOK BY ITS COVER**

Chorus 1:

Oh, you can’t judge a book by its cover,  
no, you have to look inside,  
And a car of a nicer colour doesn’t mean  
a better ride.  
It’s not what’s on the outside, but what’s  
inside that counts,  
You’ve got to look at someone’s heart to  
know what they’re about.

(How can you tell?)

Spoken lead vocal:

How can you tell just by a passing glance?  
(How can you tell?)  
How can you make up your mind without  
giving them a chance? (How can you tell?)  
How can you tell just what a person’s  
like? (How can you tell?)  
Unless you get to know them, your  
opinion may not be right!

Spoken lead vocal:

I’ve seen many books today with a cover

shiny and nice, (How can you tell?)  
But when I read what was inside, why, it  
wasn’t worth the price! (How can you  
tell?)

So, in making up your mind about  
someone, don’t react in haste; (How can  
you tell?)

Remember that the greatest proof of the  
pudding is in the taste! (Umm-umm!)

Spoken lead vocal:

So every now and then you’re bound to  
meet somebody new,  
Who may seem a bit unusual or different  
than you.

They may be putting up a front or wearing  
a disguise,  
But if you start to be their friend, you may  
find they’re very nice!

Chorus 2:

Oh, you can’t judge a book by its cover,  
no, you have to look inside,  
And a car of a nicer colour doesn’t mean  
a better ride.  
It’s not what’s on the outside, but what’s  
inside that counts,  
You’ve got to look at someone’s heart to  
know what they’re about.

It’s not what’s on the outside, but what’s  
inside that counts,  
You’ve got to look at someone’s heart to  
know what they’re about.  
You’ve got to look at someone’s heart to  
know what they’re about.

**Suggested Activities:**

- 1. Teach the children the song  
“30 days hath September”.**
- 2. Explain the difference  
between flowers and weeds.**

3. Using plastic bottles (for example: used mineral water bottles), cello tape, string and ping pong balls, make a little ball catcher as described in this episode.

4. After watching the scene where the Treasure Attic friends tell Bunny Bigword what they like about him, conduct a similar exercise with the children where they can turn saying nice things about each other.

5. Draw a bunny rabbit along with Uncle Jim.

## 12. Fit to Win

**Themes covered:** Promoting a healthy lifestyle and diet, hygiene and cleanliness, safety tips and hints to keep one's immediate environment free from harm, life skills.

### Songs on this episode:

1. Vitamin "A"
2. In a Natural Way
3. Having Good Hygiene
4. Better Safe Than Sorry

### VITAMIN A SONG

(Rap beat interlude:)

Vitamin A, Vitamin A.

**Bunny:** (spoken) Did you know that vitamin A is very good for your eyes? It's especially important for helping you to see in the dark.

(rap beat) Vitamin A, oooh yeah, oooh yeah!

So, if you can't see well at night,  
Or your eyes hurt in bright light,  
They ache a lot  
And are sometimes sore,  
Reading gets to be a chore—  
You need Vitamin A.

**Bunny:** (spoken) Your body also needs Vitamin A to have healthy, clean skin, and nice clear lungs for good breathing. And get this, I just love this part—one of the best sources of Vitamin A is—carrots! Yes, just one serving of cooked carrots has over three times the amount of Vitamin A you need for a whole day. I like carrots!

Me, too. I like carrots!

**Bunny:** Vitamin A keeps you strong and healthy, and also helps your body fight against sickness.

Where else can you get Vitamin A?

**Bunny:** From vegetables and fruits. Do you know that in order to get your Vitamin A for the day, all you have to eat is one serving of:

broccoli  
squash  
chard  
spinach  
sweet potatoes  
green beans  
apricots

**Bunny:** So, remember, make sure you're getting your Vitamin A. It helps keep your eyes in tip-top shape.

Make sure you're getting your Vitamin A

By eating your vegetables every day.  
Hey, hey, Vitamin A.  
Hey, hey, Vitamin A.  
Hey, hey, Vitamin A.  
Oh, yeah!  
Hey, give me 3 with a four  
Give me five.  
Here you go.

### IN A NATURAL WAY

#### Verse 1:

I went to town & I bought a shake,  
And then I ate a piece of chocolate cake,  
Some sugared donuts with a can of pop,  
Then I went over to the candy shop.

#### Verse 2:

I ate some licorice while I walked home,  
But before too long I started to moan.  
I had a pain in my stomach and aches in  
my teeth—  
Oh, I think I ate too many sweets!

#### Chorus 1:

I turned my radio on to a song,  
They were singing about being healthy  
and strong,  
To eat right, sleep right and exercise  
And be energized in a natural way!

#### Verse 3:

I was in for a shock when I stood on the  
scales!—  
My tummy blocked the view to my toe  
nails!  
And when I looked in the mirror and saw  
my shape,  
I thought, “Oh man, I’d better lose some  
weight!”

#### Chorus 2:

Then I heard my radio playing that song,

They were singing about being healthy  
and strong  
To eat right, sleep right and exercise  
And be energized in a natural way!

#### Verse 4:

They said to drink lots of water  
throughout the day,  
To keep my body working in the proper  
way.  
And when I feel like eating something  
sweet,  
It’s so much better to have fruit to eat.

#### (Radio Song)

Carbohydrates, proteins, oils and fats,  
Keep you going and growing,— that’s a  
fact!  
Vegetables and fruits are a vitamin treat—  
They’ll protect you so you won’t be  
weak.

#### Chorus 3:

I heard my radio playing that song,  
They were singing about being healthy  
and strong  
To eat right, sleep right and exercise  
And be energized in a natural way! (Way-ay!  
Ooh, ooh, ooh!)

#### Verse 6:

I don’t mind an occasional burger’n’fries,  
And I’ll have a little ice cream once in a  
while;  
But a balanced diet keeps me in shape,  
And now my body’s feeling really great!  
Oh...

#### Chorus 4:

I hear my radio playing that song,  
Yeah, they’re singing about being healthy  
and strong,  
To eat right, sleep right and exercise

And be energized in a natural way!  
(Eat right, sleep right) and exercise,  
And be energized in a natural way!

### **HAVING GOOD HYGIENE**

Having good hygiene means ...

Keeping things clean to prevent disease,  
You need soap, and water, and elbow  
grease  
To scrub all the dirt and germs away;  
It may be hard work, but it really pays.

Wash your hands before you eat.  
Keep your bedroom nice and neat.  
Open the windows for a little fresh air  
(That is, of course, if the weather is fair).  
If you want to be healthy, you've gotta  
stay clean.  
And that my friend, is having good  
hygiene.

If you want to be healthy, you've gotta  
stay clean.  
And that my friend, is having good  
hygiene.  
If you want to be healthy, you've gotta  
stay clean.  
And that my friend, is having good  
hygiene.  
If you want to be healthy, you've gotta  
stay clean.  
And that my friend, is having good  
hygiene.

### **BETTER SAFE THAN SORRY**

#### Chorus 1:

Better safe than sorry, that's what has  
always been told to me.  
Better safe than sorry & I believe it's true.  
Better safe than sorry, you don't have to

worry,  
If you keep these safety rules, they'll keep  
you safe, too.

#### Verse 1:

The kitchen can be a dangerous place,  
I shouldn't play in there.  
With pots that are hot, & knives that are  
sharp,  
I need to take extra care.  
In the cupboard there are a few bottles &  
jars  
Poisonous to touch or drink.  
I always walk slow when in the kitchen I  
go,  
It's safer that way, I think.

#### Verse 2:

The bathroom is sometimes dangerous,  
too,  
Especially when the floor is wet.  
The hot water tap could scold me real  
bad,  
So I turn the cold on first instead.  
The pills & the medicines I leave alone;  
They're not mine—they could make me  
sick.  
And I always make sure my hands are dry  
Before touching an electrical switch.

#### Verse 3:

Even when I go out to play, I need to be  
careful, too.  
I like to have fun, but the dangerous  
things I do not do.  
Sometimes my friends are there,  
They try to make me dare to do  
something unsafe.  
But I don't care, I just tell them straight,  
I'd rather play it safe instead.

#### Bridge:

That's why I don't run on the street to go



chasing my ball.

I don't climb a high wall 'cause I know I might fall.

I avoid any place there may be snakes in the grass.

I watch out for sharp nails & broken glass.

I steer clear of transformers & electrical wires.

I don't play with matches 'cause I might start a fire.

That's why I have fun whenever I go out, 'Cause there's nothing to worry, nothing to worry,

Nothing to worry about.

### **Suggested Activities:**

**1. Review all the foods that have Vitamin A after watching the performance by Mr. Carrot. (Broccoli, squash, spinach, sweet potatoes, green beans, apricots). See if you can come up with any more. Then list all the benefits of Vitamin A:**

- **Healthy, clean skin,**
- **Nice clear lungs for good breathing**
- **Good eyesight**
- **Keeps you strong and healthy,**
- **Helps your body fight against sickness.**

**2. After watching the song, “In a Natural Way”, explain the difference between nutritious food and junk food, listing examples of both.**

**3. After watching “Having Good**

**Hygiene”, ask the children to repeat Bunny Bigword’s tips on good hygiene as shown in this song. See if they can come up with their own. Apply it to your home or school, and use the song to remind children to clean up after themselves and maintain good hygiene.**

**4. After watching “Better Safe than Sorry”, ask the children to name the potentially dangerous spots in the house or school (Kitchen and bathroom.) and outside the house or school (playground, road, etc.) Ask them what they can do to remain safe in these places.**

## **13. Sweet Dreams**

**Themes covered:** Helpful hints to remind children to follow through on their daily responsibilities, the importance of proper sleep.

### **Songs on this episode:**

1. Mama, I Remembered
2. My Name is Nighttime
3. Sweet Dreams tonight
4. Little Eyes

### **Song performed by Treasure Attic Team**

At the circus, we saw the dancing bears  
20 men all balanced on one chair  
swinging high on the trapeze  
were clowns and chimpanzees.  
That made us laugh,  
until our sides got oh, so sore.

A lady got shot out of the canon  
Every moment something new would  
happen.  
The most amazing things that I have ever  
seen  
I saw at the circus.  
Yes, the most amazing things that I have  
ever seen  
I saw at the circus.

### **MAMA, I REMEMBERED**

#### Verse 1:

I was frying an egg on the kitchen stove,  
When a friend called me up on the  
telephone.  
Well, we got into talking, then to my surprise  
I found that too much time had gone by.  
(9)

I ran back to the kitchen and started to  
choke,  
My egg had gone black & was turning to  
smoke!  
My Mama came running, and I had to  
explain,  
“Mama, I forgot again!”

#### Verse 2:

I borrowed my Papa’s new radio,  
Took it out in the garden for my favorite  
show.  
When it was finished, I went out for a ride,  
And the radio just slipped my mind.  
By the time I got down to the city park,  
Thunder was rumbling & the sky was dark,  
And my heart was a sinking as it started to  
rain—  
Papa, I forgot again!

#### Chorus:

There are so many things to remember to  
do—

The world is going faster & faster.  
But when I get too busy, I forget, & then  
soon  
The consequences are a disaster.

#### Verse 3:

Well, my Papa & Mama, they love me a lot,  
And they’re trying to teach me what’s right  
& what’s not.  
I need to take out the trash, keep the yard  
clean, too  
It’s really not that hard to do.  
I need to water the flowers & feed the cat  
And when I don’t remember, I hear about  
that!  
‘Cause when the flowers dry up & the cat  
gets thin,  
I hear, “Honey, you forgot again!”

#### Verse 4:

So I woke up this morning & I tried real  
hard:  
I took out the trash & I swept the yard,  
I watered the flowers & I fed the cat—  
I could tell that she was glad for that.  
Then tonight at the table as we sat down to  
eat  
I noticed my parents were being so sweet.  
Papa was astonished, & my Mama was,  
too.  
They said, “Honey you remembered!”  
“Oh, sweetheart you remembered”  
I said, “Papa, Mama I remembered!  
all that you asked me to do!

### **STORY: THE STORY OF TWINKY—THE LITTLE STAR**

#### **Uncle Jim:**

Twinky was just a little star. He  
wasn’t as big as all the other stars around  
him, but oh, how he wished he could be.  
Twinky thought to himself, “I wonder

who can see me on the Earth below? I'm so small and my light is not as bright as all the other stars around me."

Just then, the moon danced into the night sky, and the planets reflected the bright and beautiful light of the sun to the earth below. Twinky looked at them and thought: "Everyone's heard of Jupiter, and Mars ... and Venus, but who knows my name? And every night there's always someone who tells the moon how beautiful she looks in the sky. I wonder if my little light makes any difference?"

Just then, a big storm blew up. Dark clouds covered the sky and blocked Twinky from sight. "Oh, well," he sighed, "I'm definitely not needed now."

Below, in the midst of the raging wind and rain, a fisherman was lost at sea. The waves tossed his little boat back and forth, and he struggled with all his might to keep from being thrown overboard. "If only I see some stars, I would be able to find my way back to shore," the fisherman prayed. Just then, the thick blanket of darkness that covered the sky broke just enough to see the light of a little star.

"God be praised!" the fisherman cried out with joy. "A star to help me find my way!" And guided by the heavens, he returned safely home.

Standing on the shore, the fisherman lifted his eyes. "Thank you," he whispered. "Thank you, little star. For without your light, I would not have known which way to go." And the gentle wind that blew, carried his words of gratefulness up and away to little Twinky, who smiled down on the old fisherman. "I may not be the biggest star, but my little light has helped someone find their way back home." Twinky thought to himself,

"I never know when someone might need me, so I'll keep on shining as bright as I can."

### MY NAME IS NIGHTTIME

Hi, my name is nighttime  
I'm kind and cozy,  
I'll pat your pillow as you sleep.  
I'm smooth as velvet,  
Gentle as the air.  
I'm good for children and people  
everywhere.

Hi, my name is nighttime  
And I can see you  
I want to give you happy dreams  
My friends in Heaven smile upon you  
They are the stars that blow you kisses  
too.

I've got a sister, daytime is her name  
But as you know we are not the same.  
God made us both to give exactly what  
you need.  
The golden days and nighttime for your  
sleep.

We like the night with the twinkling light,  
It holds us tight with a hug of goodnight.

I've got a lantern in my fairy hand – it's a  
moon  
That shines upon a land (It gives light  
upon the land)  
It's beaming love upon the children of the  
world  
On every boy and every little girl.

We like the night with the twinkling light,  
(we like the night)  
It holds us tight with a hug of good night.

Hi, my name is nighttime  
I'm kind and cozy,  
I'll pat your pillow as you sleep.  
I'm smooth as velvet.  
Gentle as the air.  
I'm good for children and people  
everywhere.

Yes, I can see you  
I want to give you happy dreams  
My friends in Heaven smile upon you  
They are the starts that blow you kisses  
too.

My friends in Heaven smile upon you  
They are the starts that blow you kisses  
too.

... good night, sweet dreams

### **SWEET DREAMS TONIGHT**

Sweet dreams tonight,  
Sweet dreams tonight.  
Love will guard and protect you  
All through the night.

Angels that glow  
Dance as they flow,  
To the beat of your heart  
Around as they go.

Happy times unfold,  
With sparkles of light.  
Memories of gold  
Will kiss you good-night.

Sweet dreams tonight.  
Sweet dreams tonight.  
Love will guard and protect you  
All through the night.

Spoken:

Happy times unfold,  
With sparkles of light.  
Memories of gold  
Will kiss you,  
(sung) Good-night.

Good-night!

### **LITTLE EYES**

Little eyes, little eyes,  
Close your sweet little eyes;  
Little eyes, little eyes,  
Go to sleep.

Dream a dream,  
Pray a prayer,  
Heaven knows you are there.  
Little eyes, little eyes,  
Go to sleep.

Little stars, little stars,  
Little stars in the sky;  
Little stars, little stars,  
Shining bright.

Dream a dream,  
Pray a prayer,  
Heaven knows you are there.  
Little stars, little stars  
Shining bright.

Little boys, little girls,  
Little children in bed;  
Little boys, little girls,  
Go to sleep.

Dream a dream,  
Say a prayer,  
'Cause Heaven knows you are there.  
Little boys, little girls,  
Go to sleep.

## Suggested Activities:

1. After watching “Mama I remembered”, conduct a fun memory game with the children. Put a number of everyday objects in a tray. For example, a spoon, a pencil, a cup, a pen, a paper clip, etc. Let the children look at these objects for a minute, then take the tray away and ask them to recount what they saw in the tray. Or, take away one object and see if they can identify which object you removed.
2. After watching “Twinky the Star” discuss how each child is important to God. Discuss ways in which each one can be useful in a different way, no matter what their specific talents abilities or disabilities.
3. Teach children to cultivate the habit of thanking God for the nice things that happened to them that day before they go to sleep.

## 14. On the Lookout

**Themes covered:** Fire safety, facts about Australia, Health foods, how difficulties bring out the best in us, how to start the day on a positive note, how helping others gives happiness and satisfaction.

### Songs on this episode:

1. Be a Survivor

## 2. Way to Wake Up

### FANTASTIC FRIENDS

#### Verse:

We’re a team of Fantastic Friends,  
On the look out for ways to help everyone!  
Sing along, Fantastic Friends!  
There are so many good things that need to be done!

#### Chorus:

We can be today  
A help in any way!  
Hip, Hip! Hurray!  
The Fantastic Friends!  
We’re Fantastic Friends!

(Repeat Verse & Chorus)

The Fantastic Friends!  
We’re Fantastic Friends!

### BE A SURVIVOR

Be a survivor! (That’s right!)  
Be a survivor (Now get this!)

Let’s have a review of some fire rules:  
Fire can be deadly, and that’s the truth;  
If you’re going to use it, you’d better beware;  
Be careful and be prepared!

Post your fire station number by the phone.  
Don’t play in the kitchen; watch out for the stove.

Matches can make other things ignite,  
So learn to use them right!

Be a survivor! (Yeah!)

Smoke detectors give a warning beep,

And a fire extinguisher is good to keep  
Right in the kitchen, that's the best place;  
And be sure to plan a fire escape.

And if you smell smoke or something  
strange,  
Go tell somebody right away!  
'Cause if you don't, but forget or wait,  
If it's serious it could be too late.

#### Chorus 1:

Be a survivor and stay alive  
By knowing just what to do; (Listen!)  
Be a striver in keeping the fire safety rules!  
(Oh, yeah!)  
Be a survivor and stay alive; (Let me tell ya  
now!)  
Be a striver in keeping the fire safety rules!

Watch out for:

Leaf fires, camp fires, gas fires, oil lamps,  
Fireplaces, barbecues—any fire that you  
use.

Candlelight is dangerous at night,  
So it's safer to use a flashlight.

And if you're caught in a fire, don't breathe  
the smoke;  
Its fatal fumes can make you choke!  
Get down low and crawl on the floor;  
Get out through a window or door.

(acapella:)

And don't stop to rescue any of your  
things;  
Remember, your life is the important thing!  
Get out, I tell you, don't go back in;  
No matter what's happening!

And if your clothes catch on fire, don't start  
to run,  
Stop right there and drop to the ground!  
Lie down and roll over, roll all about,

Roll a round until you've put it out.

#### Chorus 2:

Be a survivor and stay alive  
By knowing just what to do;  
Be a striver in keeping the fire safety rules!  
(Yeah!)  
Be a survivor and stay alive; (Watch out  
now!)  
Be a striver in keeping the fire safety rules!  
(Listen to me!)

Survivor! (Get down! Low!)  
Be a survivor! (It's hot! You can't touch  
it!)

### THE RIVER & THE CATERPILLAR

Upon a branch that overhung a river's  
sparkling flow.

A caterpillar inched along, he seemed to  
go so slow.

He lifted up his hairy neck to view a  
wondrous sight

A bird that soared upon the breeze, so  
carefree in its flight

"Oh how I wish that I could fly up there  
amongst the trees

And like the bird, from place to place I'd  
glide along with ease."

"But alas I'm forced to travel in my  
earthbound weighted way,

Amid the jeers & laughter of those who stop  
to say,

'Oh look at him, a hairy worm who crawls  
upon his tum

A creature of the lowest form, I'm glad that  
I'm not one'"

And so discouraged with his life, he stopped  
to gloom & pout

When suddenly from inside of him some  
silky threads came out

"Oh my", he sighed, "what is this now,

more troubles I must bear?  
A sticky coat is covering me, I can't get  
anywhere!"  
And so beyond his will or wish he spun  
himself a room  
And in the darkness, fastened tight, he slept  
in his cocoon.

The River sighed & thought, "Oh worm,  
your hardship's a mere trifle  
For I know what you'll become, I've often  
seen the cycle."  
"But look at me and there you'll see what  
sadness really means,  
For no children play or splash in me, too  
shallow are my streams."  
Just then from off the river's bank, a beaver  
took a swim  
With fresh cut branches in his mouth  
depositing them in  
The river scowled, "What is this mess  
you're blocking up my flow,  
I'll just wash it all away, I must stay pure  
you know."  
But again the beavers brought more limbs  
and anchored them in place  
Branches upon branches it was a mighty  
race  
The river flowed with all its force to wash  
the sticks away  
But the beavers just wouldn't give up and  
soon the branches stayed  
And last upon the very top the beavers put  
in place  
The branch that held within its limbs the  
caterpillar's case  
The river grumbled all the while, "My flow's  
been interrupted,  
And I'm swelling up so big and fat I feel  
like I am glutted!"

From high above the sun smiled down upon  
the wooden dam

And warmed the sleeping caterpillar inside  
its silken strands  
As days went by at last he woke & saw a  
speck of light  
And struggled through the opening with  
every bit of might.  
Oh, such pain, for the hole was small, and  
he barely made it through,  
But once outside he noticed something  
wonderful and new!  
For there upon his sides, two wondrous  
forms unfolded,  
Something he'd never seen before that in  
the dark were molded.  
"What are these", he gasped, as he waved  
them in the breeze  
And suddenly took to joyous flight,  
reaching for the trees.  
The creatures gazed upon his wings which  
shone in brilliant color,  
"I'm flying" he cried out for joy and looked  
about in wonder  
And there below, the river, now a brimming,  
shining pool  
In which the children laughed & played said  
"I have now learned too,  
That difficulties and problems at which we  
do protest  
May be God's way of bringing us a life  
that's truly blessed."

### **WAY TO WAKE UP**

#### Verse 1:

There are two ways to wake up in the  
morning:  
One is complaining, moaning and  
groaning.  
Pull up the sheets back over your face,  
And wish that the day would just go away.

#### Chorus 1:

But that's no way, way, way, way, way to

wake up in the morning!  
And that's no way, way, way, way, way to  
wake up everyday!

Verse 2:

Or you can wake up eager for what the  
day brings,  
With a great big smile, and thankful for  
everything!  
You're so excited and challenged by the  
new day,  
You've just invited happiness in to stay!

Chorus 2:

Yes, that's the way, way, way, way, way  
to wake up in the morning;  
That's the way, way, way, way, way to  
wake up everyday!

Bridge:

This is a lesson that we all need to learn,  
That your day goes the way the corners  
of your mouth turn.  
So face the new day with a song and a  
smile,  
And I know you'll be happy all the while!

Verse 3:

What will others see when you first wake  
up—  
An effort to be cheerful, or a look that's  
cold and gruff?  
Being clean and tidy is so important, but  
What matters most is the way you wake  
up!

Chorus 3:

Yes, it's the way, way, way, way, way you  
wake up in the morning!  
It's the way, way, way, way, way you  
wake up everyday!

**Suggested Activities:**

- 1. After watching the episode with Grandma Baker, suggest to the children that they can form their own little 'Fantastic Friends Club'. — The idea being that they have to do one nice thing for someone every day. Discuss with the children different ways that they can be a help to those around them, then decide upon a time once a week when they can share their experiences with the others in their 'Club'.**
- 2. After watching 'The Fire Safety' song, discuss fire safety with the children. Recount the different ways fires can spread and also list the ways to prevent fires from spreading. Also, discuss with children a fire exit plan, show them the fire exits in case of a fire, discuss what to do in case of a fire, practice a fire drill, make sure each child knows how to call the fire department, and place the fire department number by the phone.**
- 3. After watching Mr. Banana's performance, discuss the nutritional benefits of eating bananas.**

## **15. Peepers and Penny**

**Themes covered:** overcoming shyness, developing positive peer and sibling relationships, reassurance of the importance of each child, character-building lessons on doing the right thing,



even when faced with different opinions.

### **Songs on this episode:**

1. You Don't Have to be Shy
2. I Get Along With My Brother
3. Baby Is Going to Need Me
4. A Man, a Boy, and a Donkey

### **YOU DON'T HAVE TO BE SHY**

You don't have to be,  
Never, never need to be;  
You don't have to be,  
Never, never need to be shy.

#### Verse 1:

Sandy stood in the corner of the school  
yard  
She said for her it was really hard  
To go & meet new friends.

#### Verse 2:

I said, "Sandy, you don't have to be lonely,  
Take my hand & come with me.  
I've got a lot of nice friends"

#### Chorus 1:

And we'd like to know more about you  
You don't have to be shy;  
We understand the way you feel  
But you can make friends if you try  
Be friendly and others will be friendly too.

You don't have to be shy.

#### Verse 3:

On the weekend, I went to meet her family  
Her mom and dad made it easy for me  
To smile and they said, "Hi!"

#### Verse 4:

Oh, I know I didn't need to act shy so  
I talked a little bit even though  
I felt a little nervous inside.

#### Chorus 2:

They said, "We'd like to know more about  
you,  
You don't have to be shy;  
We understand the way you feel  
But you can make friends if you try.  
Be friendly and others will be friendly too.

You don't have to be shy!

#### Verse 5:

Sandy and I, went to play by the seashore  
There was a kid we'd never met before  
Sitting there all by himself

#### Verse 6:

Well, Sandy and I, at first we felt a little bit  
shy,  
We took the plunge and gave it a try  
And went to introduce ourselves.

#### Chorus 3:

We said, "We'd like to know more about  
you,  
You don't have to be shy;  
We understand the way you feel  
But you can make friends if you try.  
Be friendly and others will be friendly too."

Be friendly and others will be friendly  
Don't be shy; give it a try  
Be friendly & others will be friendly too.

### **I GET ALONG WITH MY BROTHER**

#### Chorus 1:

Oooh! I get along with my brother.  
Believe it or not, we're the closest of  
friends.  
But we had learn to give in to each other,  
Forgive all the hurt and be happy again.

#### Verse 1:

My brother and I, we had some trouble;  
Our holiday together should've been such  
fun.  
We'd try to agree about what to do,

But the problem was, we were  
quarrelsome! —  
He'd want to go running, I'd want to go  
swimming.  
We both couldn't wait to play together  
outside,  
But most of the time we just weren't  
willing  
To let the other one decide.

Oh! Couldn't agree with each other!

#### Verse 2:

He tried to get me to come out and run,

I told him, "Swimming is a lot more fun!"  
We did not swim, we did not run,  
We'd argue and fuss 'til the day was  
done!  
Now, I didn't really want to get mad at my  
brother,  
But we went too far and we lost our cool!  
Oh, how unhappy we made each other,  
'Cause we wouldn't do what the other  
wanted to!

(Repeat Chorus)

Verse 3:

Then my brother said, "Hey! What's  
wrong with us?  
Why aren't we havin' fun when we go out  
to play?  
It's beautiful weather, we should get it  
together  
And have a good time instead of wastin'  
the day!"  
Then I thought to myself, "Yeah, this is a  
bummer!  
I'm going to have to try to work it out  
with him,  
'Cause if we really want to make the most  
of this summer,  
Well, one of us will just have to give in!"

We had to learn to give in to each other!  
Brother to brother!

Verse 4:

I told him I was sorry for just pushing my  
way,  
Thinking 'bout only what I wanted to do.  
"If you wanna go running, well, that's  
okay!"  
I said, as I was puttin' on my tennis  
shoes.  
So after we'd been running for a couple  
of hours,  
My brother said, "Hey! How about us  
takin' a swim?"  
He was happy, knowing he could get  
along with me, and I was  
Feeling good to know that I can get along  
with him!

Chorus 2:

Oh, I get along with my brother.  
Believe it or not, we're closest of friends!  
Now that we've learned to give in to each  
other,  
Oh, we're happy again!

**BABY'S GOING TO NEED ME**

Verse 1:

I hadn't been very much with my  
Mommy;  
She was tired, so in her room she would  
stay,  
'Cause the baby that was there in her  
tummy,  
Mommy told me, could be born any day.

Verse 2:

Everyone in my house was so busy,  
All around was as tense as could be.  
Even Daddy seemed to be in a tizzy.  
No one paid much attention to me!

Bridge 1:

"Will the baby be taking my place?"  
I had to know.  
"Will there not be enough space,  
And they'll have to tell me to go?"  
I felt so low,  
And I worried so!  
Would they still want me?

Verse 3:

So my Mom asked me how I was feeling,  
'Cause I'd stay pretty much on my own.  
So I told her I was afraid she won't need  
me  
Anymore, once the baby was born.

Bridge 2:

She smiled and looked in my face,  
And said, "My son,  
Nobody could take your place.  
You'll always be a special one!  
And it'll be fun!  
So much to be done!  
'Cause the baby will need you!"

Verse 4:

And so now I can't wait for the baby!  
'Cause I know how much he will need  
me! Baby is going to need me!

**A MAN, A BOY & A DONKEY**

On a fine summer morning a boy & his  
father  
Went to market, to market one fine  
Summer's day.  
At the market the man & the boy bought a  
donkey

At the market, the market, one fine  
Summer's day.

The man & the boy took a ride on the  
donkey,  
They were traveling, traveling, traveling  
home.  
(Repeat)

But a girl said, "How cruel! See, the  
donkey can't carry you both!  
You're too heavy! I don't think it's right!"  
(Repeat)

So the father kept riding, his boy walked  
beside him,  
They were traveling, traveling, traveling  
home.  
(Repeat)

Then a lady said "Maybe the father is lazy  
And is making his boy walk. I don't think  
it's right!"  
(Repeat)

So the boy rode the donkey, the father  
walked briskly,  
They were traveling, traveling, traveling  
home.  
(Repeat)

Then a neighbor boot maker said, "Why  
does the boy  
Make his old father walk?! Well, I don't  
think it's right!"  
(Repeat)

So the man & the boy went walking &  
walking,  
The man & the boy & the donkey walked  
home.  
Everybody they met had a different  
opinion,  
So the man & the boy & the donkey  
walked home.

Then someone said, "Look at this! It's  
ridiculous!  
They're walking with a donkey & not  
riding it!  
I don't think it's right!"  
(Repeat)

So they said to the people all standing  
around,

"Do you want us to just pick the donkey  
up?!"  
I say no, we will not pick the donkey up!  
We'll get on our donkey & ride out of  
town!  
We'll get on our donkey & ride out of  
town!"

Some people like this way, and some like  
it that way,  
Some like it their way, & some couldn't  
care less,  
You cannot please everyone all of the  
time,  
So decide what's the right way & do what  
is best!

For your situation, when making  
decisions,  
Decide what's the right way & do what is  
best.

### **Suggested Activities:**

**1. After watching "You don't  
have to be shy", teach the  
children to play a game called  
"Name, Game and Ice Cream."  
This game encourages  
communication and  
conversation, and is especially  
helpful for shy children or  
children who don't know each  
other too well. Give each child a  
piece of paper that says:**

**My name is:  
My favourite ice cream is:  
I like to play:**

**Then, have the children stand in  
a circle. The first child says his  
name, the second child tells what  
his favourite ice cream is and  
the third child names his  
favourite game. The fourth child  
then says his name, the fifth  
child names his favourite ice**

cream, the sixth child names his favourite game and so forth.

The game tests the children's alertness and is a good "ice breaker" that helps them to come out of themselves.

2. Teach the children to act out the story of "The Man the Boy and the Donkey".

3. After watching "I Get Along with my Brother", divide the kids into pairs. Then call out the name of 'natural pairs' and play some music. For example, you can call out "Teacher and student." While the music is playing the children have to dance, and while they are dancing, they need to discuss who is going to act what. Then, when the music suddenly stops, one member of each pair has to 'freeze' like a teacher and the other has to 'freeze' like a student. They have to remain 'frozen for 10 seconds, and then they can 'unfreeze.' Then you call out the name of another natural pair and they have to act that out.

Here are some examples of natural pairs:

- Doctor and patient
- Horse and rider
- Teacher and student
- Batsman and bowler

The idea behind the game is to

encourage spontaneous interaction and friendship.

4. Draw a puppy with Uncle Jim.

## 16. Barks 'n' Sparks

**Themes covered:** bicycle safety, overcoming personality differences, getting along with others, making friends, overlooking personality quirks in others, forgiveness.

**Songs on this episode:**

1. Make each step a loving step
2. Say something nice
3. Nip it in the bud

### MAKE EACH STEP A LOVING STEP

Verse 1:

Wouldn't it be wonderful for people to be,  
Living unselfishly?  
If we would help our neighbors as ourselves,  
This would solve our problems, too.

Chorus:

Make each step a loving step,  
Kind & helpful every day.  
A little love & understanding  
Go such a long, long way.

Verse 2:

A loving heart will make others happy,  
'Cause love never fails.  
Even when some people are crabby,  
Love will always prevail.

(Repeat Chorus)

Verse 3:

And remember your neighbor is not  
Just the one who lives next door  
It is anyone who needs your help,  
So keep on loving more & more.

**SAY SOMETHING NICE**

Verse 1:

Sometimes for kicks, some rocks &  
sticks  
I'll go a-tossing and a-hurling.  
My urge is to hit anything that moves.  
And when I get a bit upset,  
  
Which I've been known to do,  
I throw some ugly words in anger, too.

Verse 2:

I've heard that "Sticks and stones can  
break your bones,  
But words can really hurt you."—  
(Some words can really hurt you)  
Still I let my sister have it with a sneer.  
I'll go and start a fight to prove I'm right,  
'Til she ends up in tears.  
I can't keep it cool, just get in gear, and  
learn to:

Chorus 1:

Say something nice (think once, think  
twice).  
Just say something nice (that's right).  
Before you speak, turn the other cheek,  
  
And say something nice, it should suffice.  
Just to say something nice (don't cut,  
don't slice),  
Oh, say something nice (that's right).  
Before you speak, turn the other cheek,  
And say something nice is my advice.

Verse 3:

Walkin' down the street, I'm not always  
sweet,  
I've got a temper like a bulldog.  
I'll snap and bite at whoever talks to  
me—yeah!  
I'll often answer back with some wise  
crack  
If I somehow don't agree,  
Or fire back double if someone fires on  
me.

Verse 4:

But my good neighbor Fred, who's got a  
level head,  
Was the one who finally reached me,  
  
(The one who finally reached me),  
And helped me see the error of my way.  
When I would start with some remark,  
To blow a friend away,  
He would appear and just simply say:

Chorus 2:

Try to something nice, (think once, think  
twice).  
Just say something nice (that's right).  
Before you speak, turn the other cheek,  
And say something nice to thaw the ice.  
Try to say something nice (don't cut,  
don't slice),  
Oh, say something nice (that's right).  
Before you speak, turn the other cheek,  
And say something nice is my advice.

Bridge:

He'd tell me,  
"When someone says something that hits  
a nerve—  
(Before you give them what you think they  
deserve,)  
Slow down or count to ten,

Lose a fight but keep a friend.”  
Why don’t you try just to -

Chorus 3:

Say something nice (think once, think twice).  
Just say something nice (that’s right).  
Before you speak, turn the other cheek  
And say something nice to melt the ice.  
Say something nice (don’t cut, don’t slice),  
Yeah, say something nice (that’s right).  
Before you speak, turn the other cheek,  
And say something nice, that’s my advice.  
Say something nice (say something nice)  
is my advice.  
(That’s right!)

**NIP IT IN THE BUD**

Verse 1:

(Person One)  
I can’t forgive what Danny did to me,  
I’ll pay him back some day, just wait &  
see!  
It seems he’s always doing things that I  
hate;  
I get so angry & bent out of shape!

Verse 2:

My pride is wounded, my ego, too.  
I can’t go on this way; I don’t know what  
to do!  
(Person Two)  
Yes, they call it “bitterness”; it’s like a tiny  
seed,  
But it grows into a dangerous weed!

Chorus: (Group)

Nip it in the bud!  
Don’t even let those little roots start!  
Nip it in the bud!  
Don’t keep bitterness in your heart!

Love can heal all the hurt that you feel  
If you’ll just forgive & forget.

Verse 3:

(Person One)  
When people bug me, or do me wrong,  
I’m good for nothing ‘cause I’m fuming  
all day long!  
(Person Two)  
Like pollution that just poisons your heart,  
(Person One)  
It’s an emotion that can tear you apart.

Verse 4:

(Person Two)  
Those feelings harm your mind.  
(Person One)  
My body, too.  
(Person Two)  
Destroys the happiness of those around  
you.  
(Groups sings)  
Don’t be fooled; don’t be ruled by this  
invisible seed,  
‘Cause it grows into a dangerous weed!

(Repeat Chorus)

Spoken section

(Person Two)  
Hey, you wanna know how to quit that  
bitterness?  
(Person One)  
Yes!  
(Person Two)  
All right! Give me some numbers!

(One!) Admit it, get it out in the open.  
There’s no use hoping  
You can hide those seeds inside you.

(Two!) Get things right!  
Let go of your gripes,

& hold on tight to the positive (positive) side of life!

(Three!) Go to your friend & mend  
And put an end  
All the bad you have that makes you feel  
so sad.

(Four-get it!) Leave it in the past!  
Don't let those feelings last!  
Stop it! (Drop it!) Do it today!  
That's one, two, three, four ways to  
Nip it in the bud

There's one thing I can assure you: (nip it)  
Only God's Love is gonna cure you.

Nip it in the bud!  
Bitterness will effect you! (nip it in the  
bud)  
Oh watch out, or it'll wreck you!  
Nip it in the bud!  
Don't let that little root start; (nip it in the  
bud)  
Only God's Love can heal your heart.

(Person One)  
Yeah, I finally forgave Danny, & I feel  
great!

### **Suggested Activities:**

- 1. Review Bunny Bigword's bicycle safety rules with the children after watching the first scene of the episode.**
- 2. After watching the song "Say Something Nice", divide up the children into pairs. Each person in a pair has to say something nice about the other person in that pair using an adjective**

**starting with the same alphabet as that persons name. For example, Anita is artistic and Harry is helpful.**

**3. After watching the song "Nip it in the Bud", teach children the following:**

**SIX IMPORTANT WORDS:  
'I want to be your friend'**

**FIVE IMPORTANT WORDS:  
'Will you play with me?'**

**FOUR IMPORTANT WORDS:  
'You are my friend'**

**THREE IMPORTANT  
WORDS:**

**'I am sorry'**

**TWO IMPORTANT WORDS:  
'Thank you'**

**ONE IMPORTANT WORD:  
'We'**

**4. Do a small research project with the children. Look up an encyclopedia with them and list 10 types of dogs with them.**

## **17. Rain or Shine**

**Themes covered:** Positiveness, turning disappointments into good experiences, protein facts, climates of the world, the rewards of giving, what goes around comes around, resolving differences peacefully,

## Songs on this episode:

1. I'm glad it rained today
2. Happiness is growing everywhere
3. Boomerang
4. Look on the Bright Side

### I'M GLAD IT RAINED TODAY

#### Verse 1:

Well, we were just getting ready to out and have a picnic,  
We had planned it all yesterday,  
When all of a sudden, we heard the sound of thunder,  
And saw the sky was turning gray.  
And the rain it started pouring down from the cloudy sky,  
And we thought to ourselves, "How boring,  
'Cause we'll have to stay inside!"

#### Verse 2:

But the day wasn't done, and we had lots of fun,  
Although we stayed inside, it's true.  
We did a special project, went down to the workshop,  
Discovered lots of different things to do.  
We didn't forget our picnic,  
We still had it in the afternoon.  
We spread it out & ate it right there on the floor of the living room.

#### Chorus:

So we're glad it rained today,  
Though at first we were a little bit sad.  
We played and worked and had a yummy snack.  
So we're glad it rained today!

#### Verse 3:

Plus, the ducks & the frogs in the swamps and the bogs

Were so glad when the rain came along.  
And the farmers in the fields were so happy and thrilled,  
Their crops could grow up tall and strong!  
So although we had been disappointed,  
The rain had made others glad.  
So when we think about the frogs and the farmers,  
We don't feel quite so sad.

#### Bridge:

There are many times when things go wrong, and not the way we want them to,  
But now we see that maybe because  
There's something so much better  
(something so much better),  
Much better for us to do.

### HAPPINESS GROWING EVERYWHERE

Happiness is growing  
Happiness everywhere  
Happiness is growing  
Happiness...

#### Verse 1:

Juanita & Pedro were playing,  
Throwing Frisbees out on the beach.  
I, I, I, I was a little bit shy,  
I was standing by watching,  
Hoping to try  
To learn how to throw Frisbees  
Out on the beach.

#### Verse 2:

Pedro seemed like a nice fellow,  
He asked me to come & join in.  
Jua, Jua, Juanita was eager to share,  
I learned a good lesson  
From this friendly pair;  
It made me happy—



It's so good to share.

Chorus:

When we  
Are sharing together & showing we care,  
Then we see  
Happiness growing everywhere.  
Sing it together:  
When we  
Are sharing together & showing we care,  
Then we see  
Happiness growing everywhere.

Verse 3:

One day in the park, feeding pigeons,  
An old lady & an old man  
Were la, la, la, laughing & then  
photographing  
Each other as pigeons  
Sat on their heads,  
And they seemed very happy,  
Just like newlyweds.

Verse 4:

Then I heard the old man sweetly saying  
That he was so happy with life.  
I, I, I, I was so very surprised  
When he took off his hat  
And with joy in his eyes,  
He began to start dancing  
And sang to his wife:

Repeat Chorus

Verse 5:

At home with my little brother  
When he asks me to come & play,  
Usually I would just not agree,  
But I'm seeing that being  
A help to someone  
Can be very rewarding  
And plenty of fun.

**BOOMERANG**

If you visit the Australian outback  
And you see the Aborigine tribe  
They'll use a peculiar weapon  
that's a little bit hard to describe.

It's made of wood in a shape of a "V",  
Funny and strange but it is true.  
The amazing thing that when you swing  
that thing  
Is that it'll fly right back to you.

It's a boomerang, it's a boomerang,  
It's a boomerang, flying back to you.  
It's a boomerang, it's a boomerang,  
It's a boomerang, flying back to you.

...This is Bunny Bighop signing off from  
Australia.

**LOOK ON THE BRIGHT SIDE**

Verse 1:

When I was just a lad, I liked to travel with  
my dad;  
I thought he had the best old car in town.  
But then we drove one day to the city far  
away,  
And when we arrived, our car broke down.

Verse 2:

We locked up the car there, and we went to  
look for help,  
And on the way my dad met an old friend.  
(Spoken): "Hi! I haven't seen you in a long  
time!"  
(Sing): He fixed our car for free, we met his  
family,  
Everything worked out for good in the end.

Chorus:

I like to look on the bright side,

Try to look on the bright side,  
Never hurt my eyes by looking on the bright side.

I like to look on the bright side, & when everything goes wrong,  
I still get along by looking on the bright side.

Bridge 1:

When things don't go right, don't fuss & whine;

Some good's gonna come, just give it time!

Hey, diddle, diddle, play that fiddle!

Verse 3:

Maybe you're feeling down & you're wearing a frown,

'Cause your best friend can't come out & play.

Now remember then, at least you have a friend,

And you can see him again another day.

Verse 4:

Perhaps you're sick in bed with a cold in your head,

And you can't do all the things you want to do.

But you have lots of time now to write a line,

To your friend who cares so much about you.

(Repeat Chorus)

Bridge 2:

Let's see that smile, wipe away your frown.

Look on the bright side, don't look down.

(Repeat Chorus twice)

**Suggested Activities:**

**1. Review the different types of**

**climates of the world with Bunny Bighop. Ask the children what kind of climate they live in.**

**2. Ask the children to list the benefits of the peanut.**

**3. Ask the children to think about a time when something did not work out for them. Then ask them to list all the good that came out of that situation, nevertheless.**

**4. Conduct the art project with the children that Uncle Jim does on this episode.**

## **18. Learning is Fun**

**Themes covered:** Inspiring children to see the joys of learning, Vitamin C facts, citrus fruits, birds of the world, dogs, working to finish a project thoroughly.

**Songs on this episode:**

1. Learn a New Thing
2. Five Times Tables
3. I Don't Know

**LEARN A NEW THING!**

Chorus 1:

Learning is a lotta fun,

A real must for anyone!

Who's interested in checking out

What life is all about!

The way things work or why they won't;

Why some things fly but others don't.

Summer, autumn, winter, spring,

We all love to learn a new thing!

### Chorus 2:

Learning is the thing to do,  
It's opening up to something new.  
Little steps along the way,  
Towards what you'll be one day.  
Out in nature, in the pool,  
All the world is one big school!  
Summer, autumn, winter, spring,  
We all love to learn a new thing!  
(Uuu, learn a new thing,  
Love to learn a new thing!)

### Verse 1:

Open up your eyes and ears to all that is  
around you—  
There's so much input everywhere, it  
simply will astound you!  
Learn the secrets of the air—what makes  
the clouds move everywhere?  
What makes it rain, then makes it stop?  
(Hey, I just felt a drop!)

### Chorus 3:

Learning is a lotta fun,  
A wonderworld for anyone.  
Who's interested in checking out  
What life all about!  
The way things work or why they won't;  
Why some things sink but others don't  
Summer, autumn, winter, spring,  
We all love to learn a new thing!  
(Uuu, learn a new thing,  
Love to learn a new thing!)

### Verse 2:

The world is full of mysteries that wait to  
be discovered.  
There's so much all around us now just  
itchin' to be uncovered!  
Under the sea, or in the air, right next to  
you, or way up there...  
Soak it up and take it in! (Yeah!) Let the  
fun begin!

### Verse 3:

The good thing about learning is it's cool,  
it's fun, it's easy;  
And you can do it anytime, unless you're  
way too busy.  
Open up your eyes and look, ask  
questions, or pick out a book.  
Adventures in learning (can) happen  
anywhere.  
Let's hear it, for learning!

### Chorus 4:

Learning is a lotta fun,  
A real thrill of anyone.  
Interested in checking out  
What life is all about!—  
The way things work or why they don't.  
Summer, autumn, winter, spring,  
We all love to learn a new thing! (Uuu,  
learn a new thing!)  
Yes, we all love to learn a new thing!  
(Uuu, learn a new thing!)  
Oh, yes, we all (we all) (we all) love to  
learn a new thing!

## **FIVE TIMES TABLE**

Five times five is twenty-five,  
It feels so good to be alive.

Five times six is thirty (thirty, thirty),  
Don't eat with hands that are dirty (dirty,  
dirty).

Five times seven is thirty-five,  
Bunny: Busy bees live in a hive.

Five times eight is forty (forty, forty)  
My tennis shoes are sporty (sporty).

Five times nine is forty-five,  
I like Grandma's pumpkin pies.

Five times ten is fifty (fifty, fifty),  
Be wise with money—be thrifty (thrifty,  
thrifty).

Five times eleven is fifty-five,  
I'm learning to swim and dive.

Five times twelve is sixty (sixty, sixty),  
On the mountain slopes I like to ski, eee,  
eee (ooh, ooh).

And that's the five times tables for you.  
(Ooo, yeah!)

### **I DON'T KNOW**

#### Verse 1:

How tall is the tallest tree?  
How small is the smallest bee?  
Who was first to clap their hands,  
Or sing in harmony?

#### Verse 2:

How far is the farthest star,  
Names of each, & where they are?  
These, and many other things,  
I don't know.

#### Chorus:

I don't know even a tiny bit of all there is  
to know.  
I don't know what I will do today,  
Much less tomorrow.  
But I know this one important fact, and it  
works the best:  
That loving God & others is the key to  
happiness.

#### Verse 3:

How many fish live in the sea?  
How do I write a symphony?  
These are things that I don't know  
But I'm still a happy soul.

#### Verse 4:

I'm learning to speak thoughtfully,  
To treat others lovingly,  
What more could I want to be?  
I don't know.

(Repeat Chorus twice)

This I know:

That loving God & others is the key to  
happiness.

### **Suggested Activities:**

- 1. Review the 5 times table with the children**
- 2. Review Miss Orange's facts on Vitamin C. Ask the children to list as many foods they can think of that contain Vitamin C.**
- 3. Review Bunny Bighop's facts on birds.**
- 4. Assign each of the children an animal and ask them to come up with three interesting facts about each animal.**
- 5. Draw a peacock with Uncle Jim.**